

## Nursing Care Concept Map

### Nursing Diagnosis

- Impaired Physical Mobility

### Nursing Interventions:

- Reposition patient every 2 hours
- Assess patient for skin breakdown
- Provide active range of motion exercises for patient
- Promote early ambulation as soon as patient can and utilizing assistive devices when appropriate

### Nursing Diagnosis

- Risk for Ineffective Cerebral Tissue Perfusion

### Nursing Interventions:

- Assess patient neuro status
- Provide calm environment
- Evaluate and assess patient vitals
- Provide oxygen as prescribed by physician

### Nursing Assessment, Vital signs, Medical Diagnosis/Surgical Procedure, Lab values , Medications:

- Assessment: Daily weight: 186 lbs
  - o Musculoskeletal: patient reports of right sided weakness
  - o Patient can sit up and eat
  - o Neuro: Patient is A&O x 3
    - PERRLA
  - o Respiratory: heard rhonchi on auscultation of the lungs
  - o Cardiac: S1 and S2 heard
    - Heart sounds are clear to auscultation
- Vital Signs: Temp: 97.7, pulse: 58, RR: 16, BP: 104/72
- Medications: - Amlodipine
  - Apixaban
  - Atorvastatin
  - Losartan
  - Metoprolol tartrate
  - Omeprazole
  - Sennosides
  - Acetaminophen
  - Bisacodyl

### Nursing Diagnosis

- Impaired verbal communication

### Nursing Interventions:

- Learn and try to understand patients' needs through nonverbal cues
- Place important objects within patient reach
- Stand close and make eye contact with patient when speaking to them
- When teaching, individualize the teaching according to patients' capabilities.

### Nursing Diagnosis

- Impaired swallowing

### Nursing Interventions:

- Place NPO sign on patient door so anyone entering patient room will know that patient cannot have anything by mouth
- Avoid providing liquids and any solids until patient can swallow
- Assist patient in swallowing exercises as directed
- Provide patient oral care before and after patient is fed