

Psychologica I Disorders

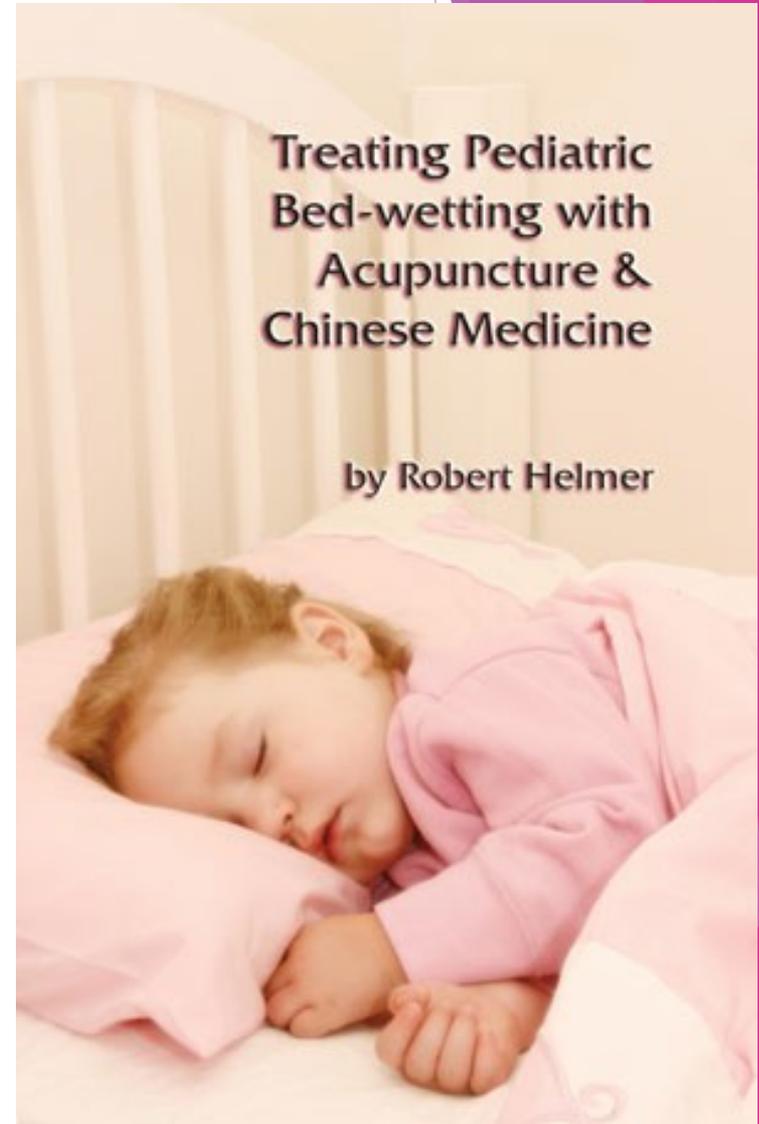
The Million Dollar Question(s)

- ▶ “What is Normal?”
- ▶ “What is Abnormal?”



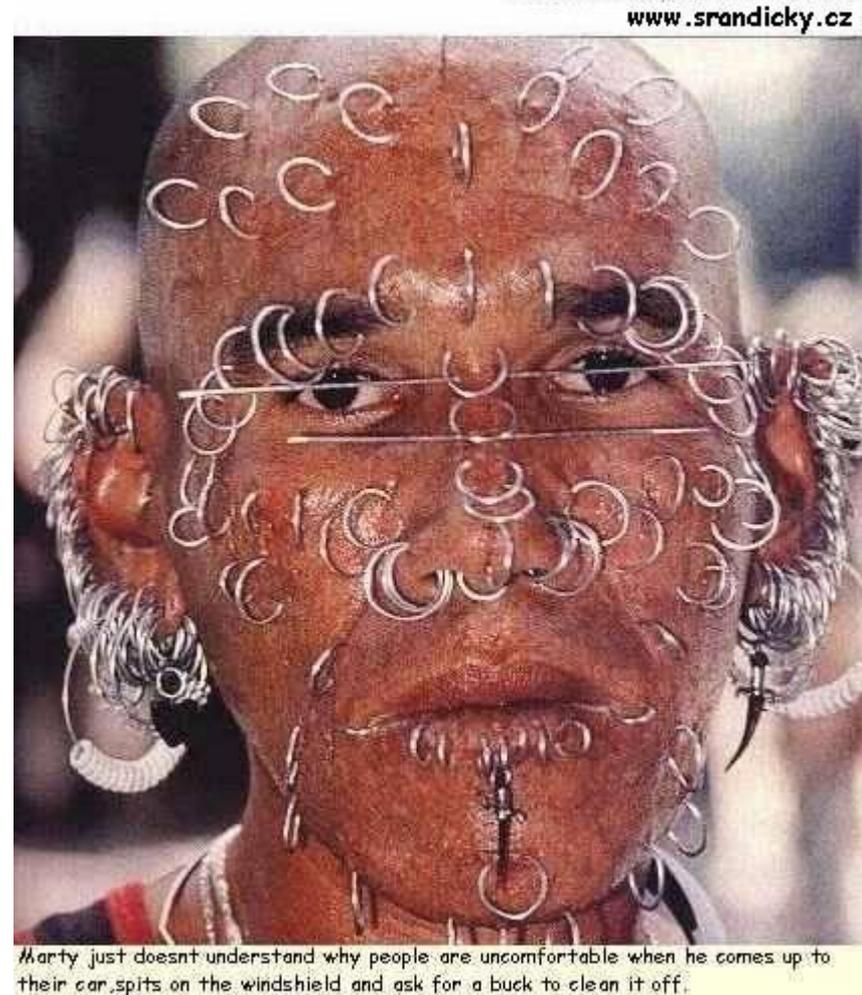
Is it Normal to “Wet the Bed?”

- ▶ age
- ▶ frequency
- ▶ duration
- ▶ intensity
- ▶ gender?
- ▶ culture?



Cultural Considerations . . .

- ▶ Is it normal to have one's body pierced?



Cultural Considerations . . .

- ▶ Is it normal to have one's body tattooed?
- ▶ Is it normal to eat pork?
- ▶ Is it normal to eat grubs?
- ▶ Is it normal to circumcise boys?
- ▶ Is it normal to circumcise girls?



Gender Considerations:

- ▶ Are there behaviors that are normal for men but abnormal for women?
- ▶ Are there behaviors that are normal for women but abnormal for men?

Defining Abnormality

- ▶ Norm Violation
- ▶ Statistical Rarity/Atypical
- ▶ Disturbing
- ▶ Personal Discomfort
- ▶ Deviation from an Ideal

Psychological Disorders

▶ Medical Model

- ▶ concept that diseases have physical causes
- ▶ can be diagnosed, treated, and in most cases, cured
- ▶ assumes that “mental” illnesses can be diagnosed on the basis of their symptoms and cured through therapy, which may include treatment in a psychiatric hospital

Anxiety Disorders

- ▶ characterized by distressing, persistent anxiety or maladaptive behaviors that reduce anxiety

Anxiety Disorders

▶ Phobic Disorder

- ▶ persistent, irrational fear of a specific object or situation
- ▶ <http://phobialist.com/>

▶ Generalized Anxiety Disorder

- ▶ person is continually tense, apprehensive, and in a state of autonomic nervous system arousal



Anxiety Disorders

- ▶ Obsessive-Compulsive Disorder
 - ▶ characterized by unwanted repetitive thoughts (obsessions) and/or actions (compulsions)



Anxiety Disorders

Common Obsessions and Compulsions Among People With Obsessive-Compulsive Disorder

Thought or Behavior	Percentage* Reporting Symptom
<i>Obsessions (repetitive thoughts)</i>	
Concern with dirt, germs, or toxins	40
Something terrible happening (fire, death, illness)	24
Symmetry order, or exactness	17
<i>Compulsions (repetitive behaviors)</i>	
Excessive hand washing, bathing, tooth brushing, or grooming	85
Repeating rituals (in/out of a door, up/down from a chair)	51
Checking doors, locks, appliances, car brake, homework	46

Schizophrenia

- ▶ “split mind”

- ▶ 2 Main Characteristics

- ▶ Delusions

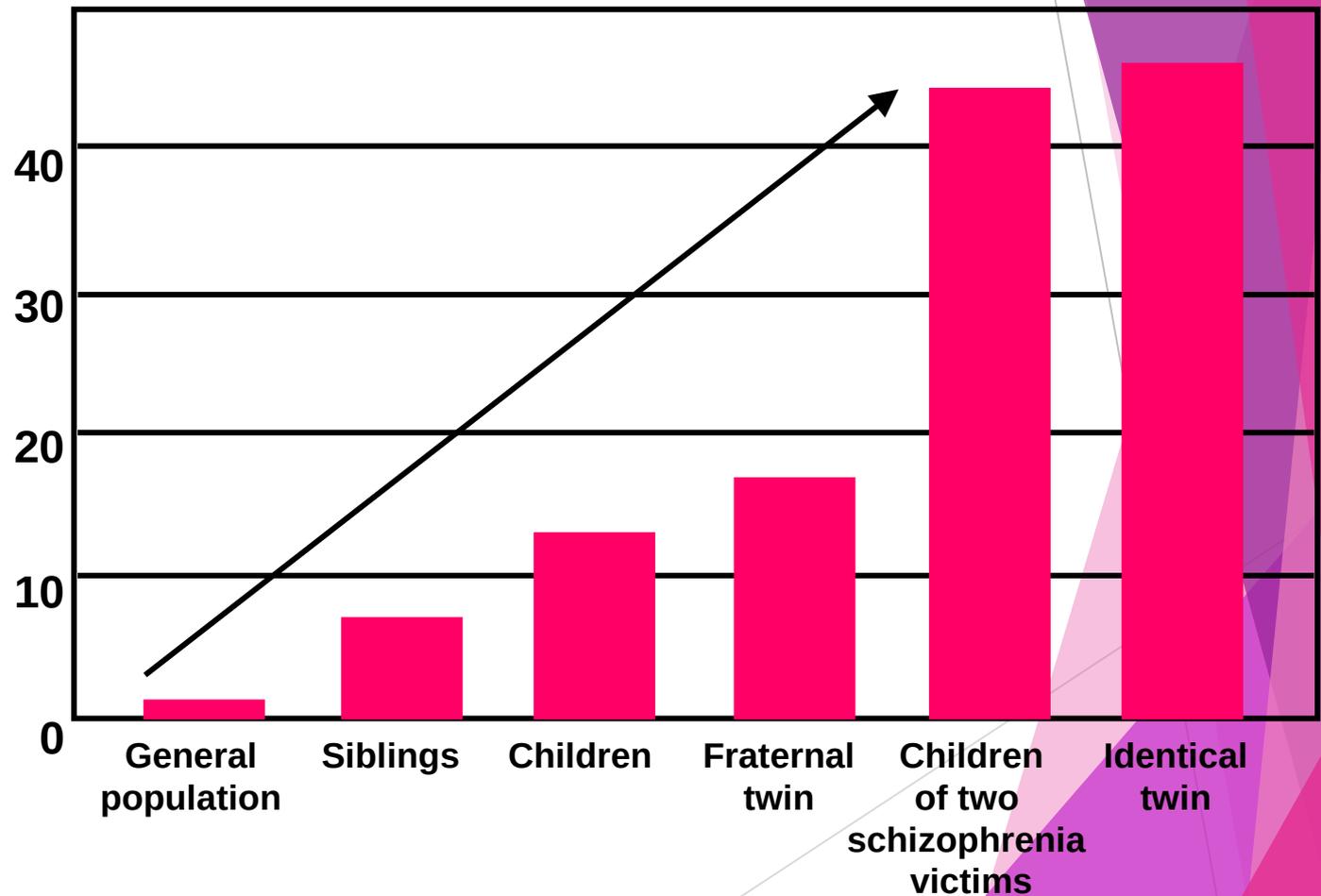
- ▶ false beliefs, often of persecution or grandeur, that may accompany psychotic disorders

- ▶ Hallucinations

- ▶ false sensory experiences such as seeing something without any external visual stimulus

Schizophrenia

Lifetime risk of developing schizophrenia for relatives of a schizophrenic



Mood Disorders

- ▶ characterized by emotional extremes
- ▶ **Major Depressive Disorder**
 - ▶ a mood disorder in which a person, for no apparent reason, experiences two or more weeks of depressed moods, feelings of worthlessness, and diminished interest or pleasure in most activities

Mood Disorders

▶ Mania

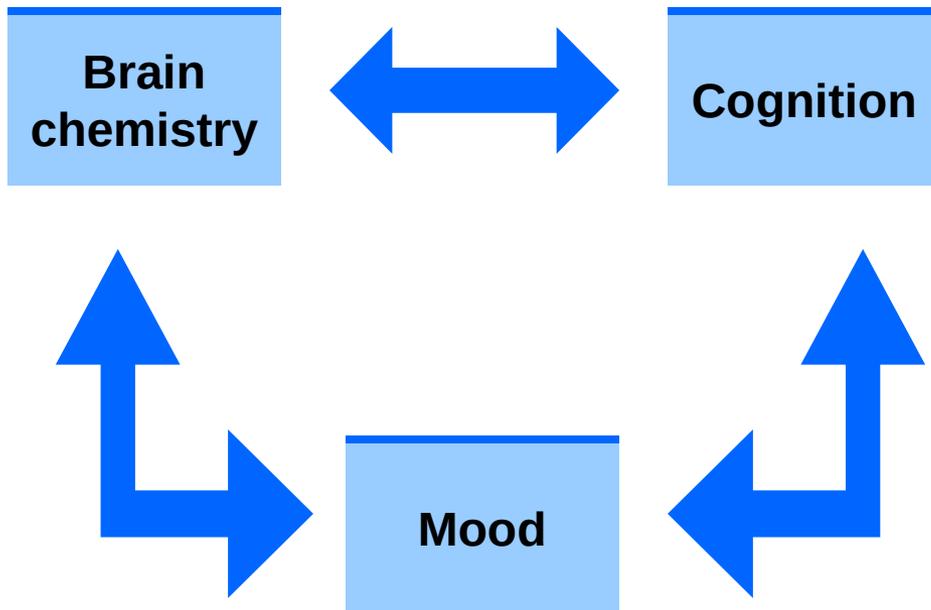
- ▶ a mood disorder marked by a hyperactive, wildly optimistic state

▶ Bipolar Disorder

a mood disorder in which the person alternates between the hopelessness and lethargy of depression and the overexcited state of mania

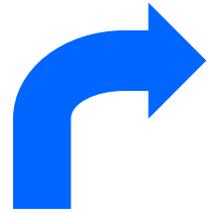
- ▶ formerly called manic-depressive disorder

Mood Disorders- Depression

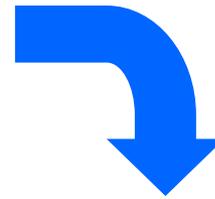


- ▶ Altering any one component of the chemistry-cognition-mood circuit can alter the others

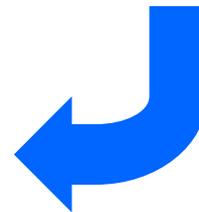
Mood Disorders- Depression



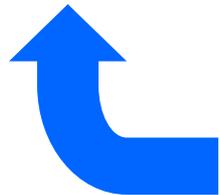
1
Stressful
experiences



2
Negative
explanatory style



3
Depressed
mood



4
Cognitive and
behavioral changes

- ▶ The vicious cycle of depression can be broken at any point

Dissociative Disorders

- ▶ Dissociative Disorders

- ▶ conscious awareness becomes separated (dissociated) from previous memories, thoughts, and feelings

- ▶ Dissociative Amnesia

- ▶ The “forgetting” of information due to a traumatic cause

Dissociative Disorders

- ▶ Dissociative Identity Disorder

- ▶ rare dissociative disorder in which a person exhibits two or more distinct and alternating personalities
- ▶ formerly called multiple personality disorder
- ▶ <https://www.youtube.com/watch?v=1AURvO3z7WI>