APA Referencing (7th ed.): A brief guide

What is referencing?

Referencing is acknowledging the source/s of the information, ideas, words, and images you have used in your assignment. You use referencing to distinguish between your ideas and words and those that belong to other people; to support what you are writing by referring to evidence; to enable readers to investigate ideas they find interesting/useful; to show your tutor exactly which sources you have read; and to avoid plagiarism.

There are different styles of referencing. EIT uses the American Psychological Association (APA) referencing style.

Referencing has two parts, **in-text citations** and a **reference list** at the end of your assignment.

In-text citations

An in-text citation is in the body of your assignment and can be either a paraphrase or quotation.

Paraphrasing is putting in your own words what the author has written. When paraphrasing, there are two ways you can reference: the author's name can be incorporated in your text or included in brackets with the year of publication.

In-text citation paraphrasing examples

> In her book, van der Ham (2016) stresses the fundamental importance of education to society.
>
> **OR**
>
> Central to modern society is a belief in the importance of education (van der Ham, 2016).

Quoting is copying the author's exact words. When quoting, there are two ways you can reference: the author's name can be incorporated in your text, or can be included in brackets with the year of publication and the page number.

In-text citation quoting examples

> "We all know that educational activity is central to society" (van der Ham, 2016, p. 1).
>
> **OR**
>
> Van der Ham (2016) claims that "We all know that educational activity is central to society" (p. 1).

The reference list

- The reference list should be on a separate page at the end of your assignment with the title "References" centered at the top, and in bold.
- All authors' names begin with the surname(s), followed by their initials. If there is no author, place the title in the author position.
- The list is to be in alphabetical order.
- Use hanging indents to format your references.

Example of a reference list

References

Barkway, D., & O'Kane, D. (2020). *Psychology: Introduction for health professionals.* Elsevier.

Hunt, E. (2019, Spring). Dig your heels in. *Fashion Quarterly*, 45.

McElrea, F., & Thompson, D. (2019, November). Our traditional criminal justice system. *The New Zealand Law Journal,* 378–383.

Authors

All authors' names begin with the surname(s), followed by their initials.
If there is no author, place the title in the author position.

One author	Diclemente, C. C. (2018). *Addiction and change: How addictions develop and addicted people recover* (2nd ed.). The Guildford Press.
Two authors	McElrea, F., & Thompson, D. (2019, November). Our traditional criminal justice system. *The New Zealand Law Journal,* 378–383.
3 to 20 authors (list all authors)	Lamastra, L., Balderacchi, M., Di Guardo, A., Monchiero, M., & Trevisan, M. (2016). A novel fuzzy expert system to assess the sustainability of the viticulture at the wine-estate scale. *Science of the Total Environment*, 572, 724–733. https://doi.org/10.1016/j.scitotenv.2016.07.043
No author	New Zealand's 'most instagrammed' spot overrun by illegally parked cars. (2019, November 21). *New Zealand Herald*. https://www.nzherald.co.nz/travel/news/article.cfm?c_id=7&objectid=12287034

Books

BOOK WITHOUT DOI

Author(s)   Year of publication   Book title in italics   Publisher

Barkway, D., & O'Kane, D. (2020). *Psychology: Introduction for health professionals.* Elsevier.

BOOK WITH DOI

Author(s)   Year of publication   Book title in italics

American Psychological Association. (2020). *Publication manual of the American Psychological Association: The official guide to APA style* (7th ed.). https://doi.org/10.1037/0000165-000 ← DOI

Note: This example does not have a publisher as the publisher is the same as the author.

ONLINE BOOK

Author(s)   Year of publication   Book title in italics   Publisher

National Health Committee. (2015). *The introduction of fit for purpose omics-based technologies–Think piece*. Ministry of Health. https://www.health.govt.nz/publication/introduction-fit-purpose-omics-based-technologies-think-piece ← URL

Note: Include a DOI if one is given in place of the URL.

CHAPTER IN AN EDITED BOOK

Chapter Author   Year of publication   Chapter title   Don't forget "In"   Book Editor(s)   Book title in italics

Chand, N. (2019). Standardized turmeric and curcumin. In R. C. Gupta, A. Srivastava, & R. Lall (Eds.), *Nutraceuticals in veterinary medicine* (pp. 3-24). Springer. https://doi.org/10.1007/978-3-030-04624-8

Chapter pages   Publisher   DOI

Journal Articles

JOURNAL ARTICLE – PRINT

Author   Year of publication   Article title   Journal title in italics   Volume in italics   Issue

Foxall, D. (2013). Barriers in education of indigenous nursing students: A literature review. *Nursing Praxis in New Zealand*, *29*(3), 31-37. ← Page(s)

Note: Include the DOI after the page numbers if one is given.

JOURNAL ARTICLE – ONLINE WITHOUT DOI

Author   Year of publication   Article title   Journal title in italics   Volume in italics   Issue   Pages

Stanton, R. (2019). Dyslexia and oral skills: A student's journey. *ATLAANZ Journal*, *4*(1), 55-70. https://journal.atlaanz.org/index.php/ATLAANZ/article/view/63/112 ← URL

JOURNAL ARTICLE – ONLINE WITH DOI

Author(s)   Year of publication   Article title   Journal title in italics   Volume in italics   Issue   Pages

Issel, L. M., Bekemeier, B., & Kneipp, S. (2012). A public health nurse research agenda. *Public Health Nursing*, *29*(4), 330-342. https://doi.org/10.1111/j.1525-1446.2011.00989.x ← DOI

Webpages

WEBPAGE

Author   Year of publication   Web page title   Website name   URL

Cuncic, A. (2019). *The Mandela effect.* Verywellmind. https://www.verywellmind.com/what-is-the-mandela-effect-4589394

No Date

NO DATE

Include (n.d.) in place of the publication date.

Author   No date   Web page title   Website name   URL

Kalter, L. (n.d.). *Ducks & more: Animals offer flyers emotional support.* WebMD. https://www.webmd.com/balance/stress-management/news/20191125/ducks-more-animals-offer-flyers-emotional-support