

The book *Crazy Busy* helped me realize that I was a busy body, doing too much for everyone, but that busyness is also a part of life as being a “cross we may have to bear for a season.” I am a helper, but sometimes, I realized I may take it to the extreme. “We are so busy with a million pursuits that we don’t even notice the most important things slipping away.” (Pg. 17) When I read this statement, I realized that there were many areas of my life that were slipping away as a result of being too busy. The author also mentions that when we are crazy busy, we put our souls at risk (pg. 19). We can be so busy that our spiritual life can be affected, since busyness can ruin our joy, rob our hearts, and rot our souls. We are just too busy to realize that we are busy, and it can and will affect our relationships with others as well as with God.

As the author stated sometimes it is hard to stop and just let go and trust God. Hard work is not the problem, rest really is. We do need to plan in time for breaks, for sleep, for vacations and so forth. However, he concludes that busyness is also a time management problem and that we can still feel overwhelmed and stressed even when we do little. “The antidote is rest, rhythm, death to pride, acceptance of our own finitude, and trust in the providence of God.” (Pg. 88). Even though busyness is also a problem and it also a part of life for a season. The author states that busyness may be a cross we may have to bear as a mom, a pastor, as a friend or as a Christian. But that God has the capacity to endure our load for us and sustains us during our, busyness.

**Super Ocupados, por Kevin DeYoung – 95% read**

Eunice Kelly

Live No Lies is such an interesting book, I have never read a Christian book that focuses on how the enemy really targets your mind. The author states, "Our fight with the devil is first and foremost a fight to take back control of our minds from their captivity to lies and liberate them with the weapon of truth. (pg. 6) He also states how Jesus focused on how the truth will set us free once we know it and live by it. It really affirmed Romans 12:2, by *being transformed by the renewing of our minds*.

He reminds us that the devil is out to steal, kill and destroy us. He is a "villain who is hell-bent on destruction. (pg. 16) He wants to watch us burn, die and be corrupted. God is the total opposite he is love, joy, peace and wants us to have an abundant life. "We're in bondage to the tyranny of false ideas about reality that hold our souls and our society in captivity to suffering pain. As Paul later said, the devil has "taken (us) captive to do his." Truth is a weapon that frees us from that bondage. We need to live and stay on what is true. That's an interesting difference between the Old and New Testament, where they killed to conquer. Jesus came and used truth to fight the enemy.

I also love how the author stated that repentance means to "rethink your mental maps of what you think will lead you to a happy life and trust in those of Jesus himself." (pg. 45) If we let our minds go to believe every idea that comes through, it can eventually overpower us. We will eventually begin to believe the lies in our minds which causes the war in our minds between what is true and what is a lie. He also talks about our flesh and desires being like animals, but we have a choice unlike them to choose our desires. "The things we do, do something to us, they shape the people we become." (Pg. 153). In order to win this battle, we must practice spiritual disciplines and release our hearts to Jesus in radical surrender. (I really enjoyed this book!)

**Vivir sin Mentiras, por John Mark Comer – 90% read**

I liked the poem, “Me has llamado por mi nombre” (pg. 55), based on Isaiah 43:1, how God calls us His by name. We all search for identity and belonging, God already calls us His. “Y Dios sigue siendo Dios.” Pg. 75, Wow that was very powerful as well. How we change our feelings and moods, but God remains God. He doesn’t change or waver like us. It’s interesting how she uses the bible verses to make a connection to our desires, emotions, and spirit.

The retelling of the prodigal son, “Comeback” pg. 143, was also very beautiful. The way she described how the son viewed the father from afar, his inner thoughts about how he thought he would receive him, “anduve el camino con la Esperanza de que me guardaras alguna esquinita donde dormir, después de todo lo que había pasado.” He thought his father got rid of the sofa, and the memories they had on them by the window. I love how its relatable and what could’ve gone through his mind. How excited he was to know his father was expecting him!

Part five of her book, I think was very powerful as well: prayer and suffering. She begins by asking how we learned to ask as we pray, and then how beautiful it is when God responds to our prayers. God answered the Psalmists prayers and request, He heard them just as he hears ours. She reminds us that we are victorious because of that. We should do the same. In her poem “La gracia del desierto”, pg 155, asks God to take us through the desert to be alone with God. To know him more and from there he would take us to glory. I’ve never, ever heard anyone ask God to take them through the desert. To become closer to God knowing the suffering and dependance it will need. It is something that I will have to mediate on.

**Con Pies Descalzos: Confidencias del Alma, por Dorita Ayala: 70% Read**

Eunice Kelly

DeYoung, K. (2015) *Súper ocupados: Un Libro (misericordiosamente) pequeño sobre un problema (Sumamente) Grande*. Grand Rapids, MI: Editorial Portavoz.

Dorita A. (2022) *Con Pies Descalzos: Confidencias del Alma*. Gisella Herazo Barrios

Comer, J.M. (2021) *Live no lies: Recognize and resist the three enemies that sabotage your peace*. London: Form.