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My clinical today was another great experience, I had an 86-year-old patient who was diagnosed with Altered mental status, he also has COPD, and high cholesterol alert, and oriented times 1. He was very agitated and confused as he was constantly asking if he was going to die, hard of hearing and ambulates with assistance. This patient also has a pacemaker, he is on a sodium and cholesterol restricted diet, no allergies. He is currently on medications such as albuterol 2 puffs Q4 hrs. for shortness of breath, Acetaminophen for pain, Atorvastatin 40 ML at bedtime for high cholesterol and sertraline 100 mg daily for depression.

My greatest challenge with this patient was that due to him being very agitated it was difficult obtaining his vital signs at the beginning of the shift, he was also constantly trying to get out of bed which made the nurse extremely on alert for falls since he is a fall risk. This patient did not want to eat even when food intake was encouraged by the nurse he refused to eat or drink. He was repeatedly asking for more blankets.

My greatest accomplishment was that I was able to make the patient's bed after the nurse took him to the bathroom, also I was able to obtain his vital signs as he calmed down and became more approachable. He was much more pleasant in the afternoon and slept a lot. The patient's agitation was not towards the people around him, but he has a mental condition that he cannot control. It is very important for nurses and other healthcare members to understand that sometimes it is not a personal attack but just what the patient might be going through that causes

them to present as if they are a challenge to care for but, but it has to do with them more than it has to do with who is caring for them.

Psalms 147:11 says, “The Lord delights in those who fear him, who put their hope in his unfailing love.”