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### Socio-cultural views

The two ways in which the socio-cultural view explains the causes of substance use disorder are as follows

1. They feel that substance used is encouraged when a family or the environment one lives in accepts the use of any of these substances. For example, protestants have a low drinking percentage because they don't allow the intake of drink among their congregation.
2. When people live under harsh conditions such as stressful socioeconomic conditions like low employment rates, they tend to consume a higher percentage of substances as they feel they can get solace from such substances. These substances can end up putting them in a more regrettable state as they can develop one unfavorable health condition or the other.

### Biological view

Research has shown that people indulge in substance use disorders because of biological causes.

1. It is said that the likeness of alcohol can be developed genetically and the misuse of the substance can be inherited.
2. There is clear evidence of genetic linkage strategies to support a genetic explanation.

11. The concerns addressed in culture and gender-sensitive substance abuse treatment programs are

1. How environmental, biological, social, and behavioral causes and consequences of drug use and addiction across the lifespan can be identified.
2. How to ensure the public health impact of NIDA research and programs can be increased.
3. Another concern that is addressed is the development of a new and improved strategy that will help prevent drug use.
4. Those suffering from abuse are not left out as these programs help people suffering from substance abuse to achieve meaningful recovery.

13. People indulge in the taking of alcohol for a lot of reasons which include peer pressure, trying to forget some events, availability of alcohol, etc. The thing about college binge drinking is that the main aim why these set of students drink is to get drunk and that poses serious health and safety risks which includes car crashes, sexual assaults, lack of judgment, passing out, vomiting, dizziness, loss of coordination, and dizziness. If the person continues with frequent binge drinking, the liver and other organs can be affected too.

14. The use of an opioid is very sensitive because once we pass a certain limit, it will be referred to as drug abuse. It is supposed to be a medication that is used for the treatment of persistent and severe pain but it has been abused by a lot of people. Opioids are very addictive especially when a person uses a different method that was not prescribed by a health professional. High dosage intake of opioids can cause slow breathing, can cause mood changes, decreased respiratory function, vomiting, and a slow heart rate that can eventually lead to death.

The misuse of opioids increases the chances of the person being dependent and addicted to the use of the substance. The best way to avoid the danger of opioids is to follow the doctor's instructions, and ensure you don't share your medicine with others.

23. The treatment method for the female orgasmic disorder can either be medical or Nonmedical. Examples of medical treatment for the female orgasmic disorder are as follows

1. Estrogen therapy
2. Ospemifene
3. Flibanserin
4. Androgen therapy
5. Bremelanotide

For Nonmedical treatment, some of the strategies for treatment are as follows

1. Seek Counseling
2. Talk and listen
3. Practice a healthy lifestyle and habits.

26. Gender dysphoria can be defined as psychological distress that is caused by incongruence between a person's sex assigned at birth and the person's gender identity. Gender dysphoria mainly starts in childhood but the individual may not experience it till after puberty.

Some of the biological explanation of the disorder is that the disorder can be caused due to hormonal causes, genetic causes, chromosomal abnormalities, and defects in normal human bonding.

Treatment options for the disorder

Hormone therapy

Voice therapy

30. Delayed or premature ejaculation has a lot of ways to deal with it. Some of the treatments are

Medications

Psychological counseling

Stopping illegal drug usage

Addressing excessive intake of alcohol

Medications

One does not necessarily need to start taking medication before he can solve the problem of premature ejaculation. It might be that the medication he is taking is causing premature ejaculation and will need to reduce the intake or switch medication to solve the problem. Some of the medications used for the treatment of delayed ejaculation are Cyproheptadine, Amantadine, and Buspirone.

Psychological counseling

Mental problems like anxiety and depression can lead to delayed ejaculation. Addressing Psychological issues can help in solving delayed ejaculation.

33. Drugs should not be used to improve sexual performance. It is understandable if one takes drugs to correct sexual disorders but one might end up having more issues if he decides to take a substance to improve his sexual performance. This is because the drugs might not be used well and people might end of been over-reliant on the substance.

The research reveals that what works for a particular person will not work for another person.

Drugs should not be used to eliminate negative emotions. People will not always be happy and they need to master how best to manage their emotions rather than indulging in the taking of substance as that might it to addiction.