

Christie Benoit

Dr. David Emanuel

Bib102

11/16/2022

EXTRA CREDIT

Sabbath in the Old Testament

The Bible discusses the meaning of the Sabbath and its importance of it. Christians view their Sabbath as the day of worship where they go to church and worship God, and no work is to be done that day. Exodus 20:8-11 goes on to example because God gives us the day, Sabbath. When God created Earth and Heaven, he worked and did not have any time to take a break; he worked Monday through Friday. On the seventh day of the week, God rested from all the work he had completed. God looked over at all the work and enjoyed it while he relaxed from his creation; while he did that, he blessed the seventh day and made that day Holy; God wants us to treat the seventh day as unforgettable. God wants us to do the same thing he did while creating earth and Heaven, while he knows we work, and our lives could become hectic. He wants us to take the seventh day of the week, as he understands the importance of Rest in our lives, and have an example from him and Rest. Saturday, God does not want us to work or labor while but wants us to take the time to reflect on him and how he is the provider and our savior, and we must worship him. At the same time, it continues to say in that passage things that weren't allowed during the Sabbath, or you'll be put to death. God has forbidden no activities, kindling fire, or using any electricity on the day of the Sabbath. Deuteronomy 5:12-15 goes on to explain that Sabbath

should be kept holy and continue to emphasize and command the Israelites to commit Sabbath to him because he knew that they work so hard. All they knew was labor, and God didn't want them to rest and not fall back into the enslaved person they once were in Egypt, but God delivered them from that, and the most crucial thing was God commanded them to obey the sabbath day. Some things were forbidden from being done during the day of the Sabbath. Jeremiah 17:21-22 and Nehemiah 13:15 goes on to explain some of those things, which God also wanted us to command. He Didn't want people selling food on that day and did not want them to be carrying loads nor bring them into the gates of Jerusalem (Jeremiah 17:21). He continues to say that he does not want any work done to be on Sabbath. I believe that our command to obey the Sabbath is still relevant today. While Jewish has their seventh day as a day of Rest on Saturday and follow God's commands and observe what he has forbidden, Christians consider their rest day and worship on Sunday instead of Saturday on the seventh day. I believe that Sabbath is on Saturday because it states in the Bible that God worked on Heaven and the earth on the weekdays, and on the seventh day, he rested.

Works Cited

“Exodus 20:8-11”. Bible Gateway.

<https://www.biblegateway.com/passage/?search=exodus+20&version=NIV>

“Jeremiah 17:21:22. Bible Gateway

<https://www.biblegateway.com/passage/?search=Jeremiah+17&version=NIV>