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NURSING CONCEPT MAP

RISK FACTORS:

1.Poor nutrition

2.Reduced lung function

3.Air pollution

4.Secondhand smoke

5.Alcohol intake

Signs and symptoms:

1. Coughing
2. Chronic progressive dyspnea
3. Wheezing, chest tightness
4. Sputum production
5. Weight loss

Pathophysiology

The airflow in the lungs is limited and is progressive. This is fully reversible. changes include peripheral airway inflammation, airway fibrosis, hyperplasia of goblet destruction

DIAGNOSTICS

Spirometer testing

LABS

WBC: 8.8

RBC: 3.38

Hgb: 9.7

Platelets: 216

A 65-year-old female client with COPD. Chronic bronchitis for 12 years, smoking For 20 years

INTERVENTIONS

1.Nurse does effective communication with patients and family

2.Emotional support Must be provided

3.Administer Prescribed medications

3.Encourage fluid intake and nutrition.

COMPLICATION

1. Risk for falls
2. Urinary incontinence
3. Pneumonia
4. Dysphagia
5. UTI

TREATMENT

1. Stop smoking
2. Bronchodilators
3. No air pollution
4. Regular exercise
5. Annual influenza Vaccinations.