

Nursing Diagnosis:
Impaired Physical Mobility

Nursing Interventions:

- Encourage Strengthening chair exercises
- Consult with Occupational Therapist and Physical Therapist
 - Assess Vital Signs
 - Assess home environment for factors that create barriers for physical mobility

Nursing Diagnosis:
Impaired Memory

Nursing Interventions:

- Encourage caregivers about patient reorientation
- Enforce positive feedback
- Explain situations in a simple manner
- Observe client closely

Acute Ischemic Right PCA Stroke

Vital Signs: Temp 98°F
Pulse 58
B/P 128/55
Pain Scale- 0/10

Medications: Polyethylene, Amlodipine, Atrovastatin, Enoxaparin, Folic Acid, Losartan

Nursing Diagnosis:
Risk for Fall

Nursing Interventions:

- Turn on bed alarm
- Remain with client when in the restroom
- Reinforce activity limits/safety with patient's family
- Assist with bedside sitting, and personal hygiene

Nursing Diagnosis:
Impaired Walking

Nursing Interventions:

- Use walking belt when ambulating patient
- Consult with Physical Therapist
 - Early Ambulation
 - Perform Range of Motion Exercises, Active and Passive

Outcomes & Evaluation:

- Client will be able to Ambulate on their own after a month
 - Client will no longer be a Fall Risk
- Client's Memory loss will begin to subside
- Client will begin to feel themselves getting stronger after 3 weeks of PT

1. Ambulating on their own: **Met**
2. Client not a fall risk: **Met**
3. Memory Loss subsiding: **Not Met**
4. Client becoming stronger after 3 weeks: **Met**