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**Using the link below to the American Academy of Child and Adolescent Psychiatry, write a short description of the following disorders that includes a list of symptoms:**

**ADHD:** Attention deficit hyperactivity disorder is a neurodevelopment disorder or disability in children. It is usually diagnosed in childhood but can persist in adulthood. There are three types of ADHD; one is ADHD with predominately inattention, second is ADHD with predominately hyperactivity/impulsivity and third is ADHD with both inattention and hyperactivity/impulsivity. The symptoms are attention difficulty, fidgeting, impulsiveness, hyperactivity, aggression, lack of restraint, repetition of words, absent mindedness, forgetfulness, anxiety, and mood swings.

**Anxiety:** Anxiety is a mental health disorder with an excess worry of fear. The symptoms are panic attacks, nervousness, trouble sleeping, increase heart rate, hyperventilation, chest pain, stomachaches, headaches, sweating, trembling, and feeling restless.

**Depression:** Depression is a mental health or mood disorder in which an individual can experience a persistent of sadness and lost of interest. Depression can affect the person's physical, emotional, and cognitive state. The symptoms are sadness, excessive crying, hopelessness, angry outburst, irritability, frustration, insomnia, trouble concentrating, lack of energy, reduced appetite and can have thoughts of suicide.

**Eating disorders:** An eating disorder is a serious mental health illness. They are disturbed by behaviors, thoughts and attitudes to body shape and weight. There are different types of eating disorders. Anorexia nervosa is an eating disorder whose goal is to look thin through starvation. The symptoms are fear of gaining weight, increased weight loss, and body shape severely thin, especially in the abdomen. Bulimia Nervosa is an eating disorder which a person repeats the pattern of binge and purge. The symptoms are distorted body shape, depression or anxiety and an intense fear of gaining weight.

**Obsessive Compulsive Disorder (OCD):** Obsessive Compulsive Disorder is a disorder that features obstructive thoughts and fears, that leads you to compulsive behaviors. The symptoms are washing and cleaning hands, ordering and arranging things, depression or fear, compulsive hoarding, impulsivity, anxiety, panic attacks, hypervigilance, and impulsivity.

**Post-Traumatic Stress Disorder (PTSD):** Post traumatic stress disorder is a mental health disorder caused a trauma or terrifying event. It can be triggered by witnessing or experiencing or reliving a horrific event. The symptoms are nightmares, anxiety, anger, depression, fear, social isolation, irritability, hostility, self-destructive behaviors, hypervigilance, and agitation.

**Oppositional Defiant Disorder:** Oppositional defiant disorder is a behavioral mental health disorder. The symptoms are aggressiveness, antisocial behavior, defiant towards parents, peers and authorities, irritability, screaming, self-harming, anger, anxiety, loses temper easily, verbal abuse, physical aggression, explosion of anger, defiant of rules and laws.

**Conduct Disorder:** Conduct disorders is a repeated, persistent emotional and behavioral problems. This disorder can be caused by damages to the brain, traumatic life event, or child abuse. Individual with this disorder will have difficulty in following rules, have antisocial behaviors, and will disrespect other individuals. The symptoms are mood swings, anxiety, physical aggression, cruelty and harmfulness to other individuals including animals.

**Self-Injury:** Self injury is the conscious action of harming your own body. Individuals who practice self-injury do so to cope with emotional pain frustration or anger. The symptoms are scars, fresh cuts, scratches, bruises, or bite marks on the body, mostly done on the arms or legs. The individual will wear long sleeves or pants to cover the marks.

**Substance abuse disorder:** Substance abuse disorder is the mental disorder that affects the person's behavior and brain. The person lacks control and is unable to stop using the substances. It is also called a drug addiction. Drugs used are marijuana, ecstasy, alcohol, or other illicit recreational drugs. The symptoms are deterioration in physical appearance, money issues requesting money, red eyes, lack of energy, weight loss or gain, and changes in behavior.

**References**

[http://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/FFF-Guide-Table-of-Contents.aspx](http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/FFF-Guide-Table-of-Contents.aspx)