

**Alliance University**  
**SOCIAL WORK DEPARTMENT**  
**FIELD EDUCATION PROGRAM**

**PROCESS RECORDING**

Student: Jazmyne Jenkins

**The major purposes of process recording are the following:**

- 1) To structure thinking about professional practice--whether critical, community organization, group work, or social administration.
- 2) To conceptualize what happens in the transactions between the social work and the client systems.
- 3) To heighten your awareness of yourself in action and as part of the transaction.
- 4) To separate facts from judgments.
- 5) To practice identifying the specific social work skills that are most effective in certain types of transactions.

**Client System** (Client's first name, age, gender, race, ethnicity, occupation, etc.)

- I. Jane Smith, 35, Female, Haitian American Talent Advisor

**Presenting problem**/situation or background relevant to intervention.

- II. Jane is dealing with depression and anxiety and wants to learn how to eventually stop taking medicine. Her goal is to learn coping skills and tools to help with daily living. She desires to set routine in her home life, self-care, and learn discipline and consistency.

**Purpose and objectives for transaction** (interview, meeting, conference, etc.)

- III. Initial interview with the client, gathering information about the client needs.

Content/Description of Transaction	Skill (s) Used	Reaction Thoughts/Feelings	Supervisor's Comments
<p>Worker: Hi Jane, it is so nice to be meeting with you. I'm Jazmyne and I will be doing sessions with you. Before we get into why you are here today, which I am excited to hear about. I wanted to discuss with you some my part in the therapy and what will take place. I am currently interning here at Evolution Mind, and I am in graduate school. So, these sessions will of course be monitored by my Field instructor. When you see her come on the zoom, I want you to know that she is here to observe me and make sure I am doing my job to the best of my ability so I can provide you with the best service possible. Everything we discuss is confidential even when she is in our sessions, she holds the same regard. How comfortable are you with what I just mentioned?</p>	<p>Engaging Skill. Open probe</p>	<p>Jane appeared to be relaxed and calm</p>	<p><i>Nice introduction</i></p>
<p>Client: I am comfortable with everything you said and thank you for informing me on the matter.</p>			
<p>Worker: You're welcome. Also, I want to let you know that I am a mandated reporter and if any confession of homicide, suicide, or any danger to children. I must report it.</p>	<p>Active listening, Engaging skill.</p>	<p>Jane was attentive and present</p>	
<p>Client: I understand</p>			
<p>Me: I am excited to hear about why you chose to come to therapy, today I will just be taking some demographics from you</p>	<p>Open Communication.</p>	<p>Jane had a smile on her face. Posture shifted in a positive way. Appeared happy.</p>	

and gathering background information			
Client: yes, that is oaky.			
Client: Ok, I am here to address the anxiety and depression that I am experiencing.			Explore this more. <sup>is</sup> what does your anxiety look like or how does it show up in your life
Worker: Thank you for sharing and taking the first step to overcoming	Empathy and Empowering skill	Jane appeared to be encouraged	
Client: Yes, I want to become better, and I know I need the help.			what would better look like for you or what does being better mean for you
Worker: Tell me a little bit about yourself. I am going to fill out a biopsychosocial with you today. Is that ok if you answer a few questions.	Open probing, assessing.	Open to give the information and talk about her journey.	
Client: Sure			
Worker: Ok, great. What is your age, ethnicity, marital status, parental status, and employment?	Assessing	Thinking about the questions, some of the questions took her longer to answer and she explained a lot of her answers to provide context.	
Client: Jane Smith, 35, Haitian American, Married, 4 kids, Talent Advisor			
Worker: Worker and client proceeded to fill out 16 pages of the assessment for the session.			
Worker: Thank you for your transparency with answering all the	Empowering and Engaging Skill.	Relieved, happy, and engaged	

questions. It will be very helpful in your overcoming journey.			
Client: No problem. I am excited to start this journey, because I really want to gain skills to use in my journey.			
Worker: This is exciting to hear! All you have to do is take one step at a time. It's a journey and you will get there as long as you keep walking. Today is your first step; congratulations!	Assessing and Engaging skill.	It looked as if something shifted in her thinking. Jane looked as if she was processing what was being said to her.	<i>Great encouragement</i>
Client: You're right! Never looked it at like that, this gives me new perspective and releases the pressures I have placed on myself.			<i>Explore this more It's never as easy if client. Have a discuss <del>with</del> them; how do they show up &amp; what are the suggers.</i>
Worker: All it takes sometimes is a different perspective on your situation and it can shift so much for you. As our session is coming to an end, I wanted to thank you for coming in today and meeting with me. It has been a pleasure and I look forward to speaking with you next week.	Open Communication, Assessing skill.	Agreeing with worker by nodding her head in a up and down direction.	
Client: It was a pleasure as well. Talk to you soon.			

**VII. Overall Assessment of the Interview**

A. Reflecting on the interview as a whole, how effective were you in achieving your purpose?

This session went well, I was excited to meet with the client and connect with her. I did not know what to expect. I knew the first session would be more focus on gather demographics and I was eager to learn about her and get an insight of her current issues. I was successful at achieving the goal, because all the answers were answered from the biopsysocial assessment form.

B. What techniques and skills were successful?

The skill I used while interviewing I was empowering, encouraging, active listening, engaging skill and assessing skill, to ensure the client feels, encourage and that I am engage in the meaningful conversation.

C. What specific skills should you emphasize in the future?

I would like to integrate strengths base therapy.

D. What specific lessons have you learned that you will take into consideration in your next interview with this client and/or other clients?

I would take into consideration more open probing question and continue to encourage and empower the client during this journey.

#### VIII. Plan/Contract for future intervention

A. What have you and client system decided to work on at this point?

The client and worker has agreed to develop a more in dept goal and life skill goal to help her with managing her current issues. Add practical steps to overcome.

B. Indicate next steps as you see them

Intern will continue to provide encouragement, life skill tools and weekly follow-up on the client and her feeling during the week.

Student Signature Lazmyne Jenkins DATE 9/19/2022

Field Instructor Signature Kva Baskerville DATE 9/20/22

Field Liaison Signature \_\_\_\_\_ DATE \_\_\_\_\_