



DECISION MAKING: UNDERSTANDING YOUR STYLE

DECISION SPACE ACTIVITY

List the current decision you are making _____

List all thoughts, feelings, circumstances, people, or events that bear on the decision you are making.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

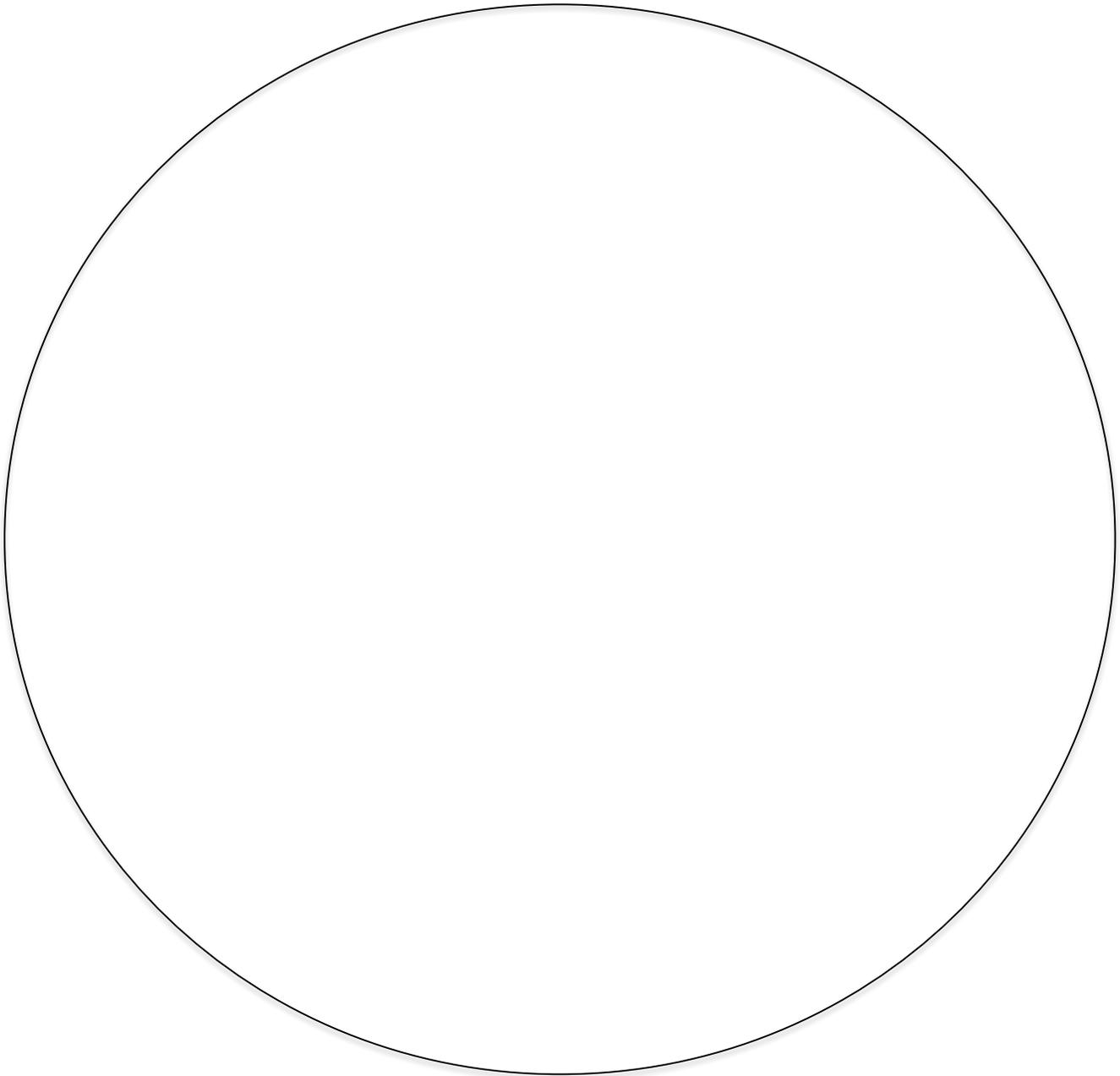
8. _____

9. _____

10. _____

Directions:

- The large circle below represents the total space in which this decision currently lives.
- Within the large circle, draw smaller circles or slices that represent the magnitude or the relative importance of each item listed on the Decision Space Worksheet (DSW).
- The bigger the circle or slice, the more the important factor as it relates to this decision.



Now that you have completed the decision space activity, consider the following reflection questions:

- 1) Which factors are taking up the most space? Are there any you wish were smaller?
- 2) Which factors are taking up the least amount space? Are there any you wish were bigger?
- 3) What role, if any, does intuition or your voice play in your decision making style?
- 4) When reflecting on past decisions (including the decision to come to Georgetown), what worked well and/or what would you change? Who was most helpful? How could you apply what you have learned to this decision?
- 5) What is an example of a conversation or action step that could move you forward as it relates to one of your factors? (Meet with your dean? Make an appointment at the career center? Research study abroad programs?)

Adapted from Peterson, G. W., Lenz, J. G., & Osborn, D. (2016, August). *Decision Space Worksheet (DSW) activity Manual*. Permission is granted by the Florida State University Career Center & the Center for the Study of Technology in Counseling and Career Development, Tallahassee, FL, for the reproduction and use of this document for non-profit use.