Guided Reflection Questions for Medical Case 2: Jennifer Hoffman

Opening Questions

How did the scenario make you feel?
The scenario gave me a better understanding of what it takes to care for Asthma patients

Scenario Analysis Questions*

PCC   What assessment findings would indicate that the patient's condition is worsening?
       *Oxygen saturation > 92%
       *Skin color change

PCC   When a patient develops a rapid onset of shortness of breath, what are the nurse's immediate priorities?
       *Keeping the airway unobstructed
       *Maintain SPO2 as high as possible
       *Making sure patient is calm
      *Patient in a high fowler's sitting position.

PCC/I Review Jennifer Hoffman's laboratory results. Identify which results are abnormal and discuss how this relates to her clinical presentation and the disease process.
      *Low O2 saturation level, lower than 92% indicate deficit in perfusion due to narrowing of airway.

Concluding Questions

What communication techniques are important for an extremely anxious patient who is having difficulty breathing?
   *Encouraging the patient to take a deep breath and reassuring the patient I am here to care until there is improvement

What patient teaching priorities would be important for the patient who has experienced an acute exacerbation of asthma?
   *Keeping the patient calm

What discharge instructions regarding home medications would you provide the patient related to medications to use to alleviate symptoms of an acute asthma attack?
*Avoid trigger and monitor peak flow.
What resources would you recommend for the patient experiencing asthma**? I recommend patient to get more information on the internet on how to get support for asthma.**
What is the importance of the asthma action plan in managing the care of a patient with asthma? **It helps to prevent flare-ups and emergency and it is the best way to keep asthma under control.**

What would you do differently if you were to repeat this scenario? How would your patient care change**? Repeating the scenario will improve my solving problem experiences.**

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* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: http://qsen.org/