

Nine Lives

Anne Bonbon

GCN 610 Career Development

Dr. Brandenberger

6/20/22

For my first career I would be a photographer. I would photograph weddings, proposals, editorials and one in a lifetime events. As a photographer I would have to learn how to use different types of cameras to get the best shot. I would be patient as I search for the perfect shot, and be open to constantly training. I know that my clients will want their pictures in a timely fashion and I know that I'll deliver.

For my second career I would be an actress. I love watching movies and would like to be able to make the character come alive from the script. As an actress I would act in movies across different genres from thriller to romcom to drama. My imdb would be full of oscar level movies, lifetime movies, and different shows across the networks. The skills I would need as an actress would be a good memory, the ability to take direction, the ability to work collaboratively with the crew and confidence.

For my third career I would be a flight attendant. The skills I would need as flight attendant would be great communication skills, flexibility, patience and assertiveness. I would need to be able to work under pressure and stay calm in an emergency. The passengers expect flight attendants to guide them and assure them that everything will be okay if we experience turbulence or an emergency crash landing.

For my fourth career I would like to be a firefighter. As a firefighter, I would need to be courageous. With this career, I would literally be putting myself in danger to save others. I would have to make quick decisions and train to be physically fit and have enough stamina to fight the blaze.

For my fifth life I would be an author. I remember growing up going to the library every week picking up three or four books to read and carrying my books with me every where. As an

author, I can create any world I want and allow others to read what I've created. I need to be able to captivate my audience, write professionally and treat my characters with the care needed.

For my sixth life I would be a pilot. I know that I would have to dedicate most of my time to flying and especially during the pandemic, I would have to deal with cancellations, overtime I would have to fight alongside other flight staff for our rights so that we are all paid well and do not experience burnout in these unprecedented times. For my seventh life I would be an event planner. As an event planner, I need to figure out how to give my clients the event that they desire with the money provided. I would need to know how to organize, communicate, network, problem solve, negotiate, multitask, create and lead.

For my eighth life I would be an injury lawyer. I would have to go to law school and come out knowing how to best represent my clients. Unfortunately accidents happen all the time and someone has to help the victims get what they deserve in terms of medical attention and payment. As an injury lawyer I would need to be great at research, investigative, organized, assertive, technical and adept at communicating.

For my ninth life I would be a chef. I would cook all over the world and open up three restaurants. I love seeing chefs of Instagram and Tiktok post their creations. One professional that inspires me is Amaury Guichon. Although he is a chocolatier, he contains all the skills needed to create masterpieces of any medium he uses. I want to be able to use simple ingredients to create tasty items that keep my patrons coming back. As a chef I would need to be organized, disciplined, passionate and creative.

I can view my career choices through the lens of the trait and factor theory and the Person Environment Correspondence theory. The key characteristic of trait and factor theory is that the client's traits can be measured against the requirements of different jobs. According to

Zunker, “a client who has a similar interest pattern to current workers in a particular field of work may find that work to be satisfying” (Zunker, 2015).

In terms of PEC theory, Zunker states that “PEC theory has always emphasized that work is more than step-by-step task-oriented procedures. Work includes human interaction and sources of satisfaction, dissatisfaction, rewards, stress, and many other psychological variables” (Zunker, 2015). With my career choices, I would be rewarded with access to travel, connections with others in my field, and a comfortable life. In life, “personality traits affect everyday behavior in family life, work and school situations, retirement, leisure, and recreation” (Costa et al., 2006). Zunker states, “Four key points of Dawis’s and Lofquist’s theory are summarized as follows: (1) Work personality and work environment should be amenable, (2) individual needs are most important in determining an individual’s fit into the work environment, (3) individual needs and the reinforcer system that characterizes the work setting are important aspects of stability and tenure, and (4) job placement is best accomplished through a match of worker traits with the requirements of a work environment” (Zunker, 2015). A career counselor using this theory would evaluate all of these careers through the lens of autonomy, staff satisfaction, opportunity for advancement and self-expression. Next they would factor in the person’s ability to adjust to the tasks asked of their job description. Afterwards the counselor should evaluate the client’s chance of job tenure and individual values and needs. Through this theory, a career counselor would measure the reinforcers against the client’s needs.

Through all of my jobs I would be constantly learning how to better myself. As a chef, pilot, flight attendant or event planner, I would constantly travel and meet new people. Most of my career choices are service based and I find that I like helping people. My career choices of being an author and actress allow me to escape through the arts in order to create or bring to life

different worlds. In all of my lives I am providing some type of service and I can see myself trying to be the best that I can be.

References

- Costa, P. T., Jr., & McCrae, R. R. (2006). Trait and Factor Theories. In J. C. Thomas, D. L. Segal, & M. Hersen (Eds.), *Comprehensive Handbook of Personality and Psychopathology, Vol. 1. Personality and Everyday Functioning* (pp. 96–114). John Wiley & Sons Inc.
- Zunker, V. G. (2015). *Career counseling: a holistic approach*. Ninth edition. Australia: South-Western.