

# Final Exam

1.

The sandwich generation refers to

## Multiple Choice | 1.00

- individuals with responsibilities to their young children.
  - individuals with responsibilities to their parents.
  - Both of the above
  - None of the above
- 

2.

During early adulthood, the brain experiences a growth spurt, resulting in

## Multiple Choice | 1.00

- the growth of synaptic connections.
  - fewer but stronger synaptic connections.
  - reductions in the white matter due to myelination.
  - decreased emotional control and increased ability to evaluate abstract principles.
- 

3. \_\_\_\_\_ is the measure of the number of years a person will probably live.

## Multiple Choice | 1.00

- Average life expectancy
  - Lifespan
  - Age
  - Centenarian
- 

4. Which of the following is *not* true of the sibling relationship during adolescence?

## Multiple Choice | 1.00

- It mirrors the parent-child relationship.
  - Conflict is more common.
  - Siblings become closer.
  - Adolescents are less likely to be influenced by siblings.
- 

5. \_\_\_\_\_ refers to individuals who are at least 100 years of age.

## Multiple Choice | 1.00

- Seasoned adults
  - Elderly folks
  - Centenarians
  - Baby Boomers
- 

6. \_\_\_\_\_ is characterized by dichotomous thought and the belief that authorities know the absolute truth.

## Multiple Choice | 1.00

- Multiplicity
  - Relativism
  - Dualism
  - Postformal thought
- 

7. John Krumboltz's theory of planned happenstance does *not* support which of the following statements?

**Multiple Choice | 1.00**

- Young adults should plan their careers in advance.
  - Unplanned, chance events play an important role in career selection.
  - Young adults should capitalize on chance events and worry less about making a single career decision.
  - Young adults should be flexible, keep their options open, and take calculated risks in their vocational lives.
- 

8. Factors that are now beginning to lead to mid-life career changes and unemployment are

**Multiple Choice | 1.00**

- death of a spouse.
  - changes in the economy.
  - divorce.
  - All of the above
- 

9. \_\_\_\_\_ intelligence declines throughout adulthood, whereas \_\_\_\_\_ intelligence increases with age.

**Multiple Choice | 1.00**

- Crystallized; fluid
  - Fluid; stable
  - Crystallized; flexible
  - Fluid; crystallized
- 

10. Which of the following is an advantage to being a single adult?

**Multiple Choice | 1.00**

- Single adults have higher levels of well-being than married or cohabitating adults.
  - Single adults earn more than married adults and have more work-related benefits.
  - Single adults are viewed as smarter and more honest than married adults.
  - Single adults have more freedom and independence than married adults.
- 

11. Crystallized intelligence refers to

**Multiple Choice | 1.00**

- intelligence that is measured on a verbal and a performance scale.
  - intelligence accumulated from past experience and socialization.
  - intelligence applied to new tasks or the ability to come up with novel or creative solutions to unforeseen problems.
  - pragmatic or social judgment.
- 

12. The means by which older adults recall, assess, and evaluate past events is called

**Multiple Choice | 1.00**

- nostalgia.
  - reminiscence.
  - regret.
  - daydreaming.
-

13. An acute illness is a condition that develops

**Multiple Choice | 1.00**

- quickly but is usually temporary.
  - slowly but is usually temporary.
  - quickly and is usually permanent.
  - slowly and is usually permanent.
- 

14.

Divorce can negatively affect all of the following *except*

**Multiple Choice | 1.00**

- economic health.
  - mental well-being.
  - physical health.
  - social connectedness.
- 

15. Rate of divorce is more prevalent in

**Multiple Choice | 1.00**

- people with lower income.
  - adults whose parents were divorced when they were a child.
  - young adults who marry in their late teens and early twenties.
  - All of the above
- 

16. According to Erikson, the principle developmental task facing young adults is

**Multiple Choice | 1.00**

- integrity vs. despair.
  - intimacy vs. isolation.
  - identity vs. role confusion.
  - generativity vs. stagnation.
- 

17.

Grandparents who provide custodial care of their grandchildren

**Multiple Choice | 1.00**

- are disproportionately African American women.
  - have increased two-fold in the last decade.
  - often obtain financial help from their adult children.
  - was more common about two decades ago.
- 

18. Research shows that \_\_\_\_\_ intelligence typically declines in later life.

**Multiple Choice | 1.00**

- fluid
  - crystallized
  - multiple
  - sensory
-

19. Older persons among the LGBT community, when compared to their heterosexual peers,

**Multiple Choice | 1.00**

- have lower self-esteem.
  - maintain strong ties with their families of origin.
  - are less likely to plan for their future security.
  - tend to build a “surrogate family.”
- 

20. Erikson believed that in later life, people are more likely to struggle with \_\_\_\_\_ versus integrity.

**Multiple Choice | 1.00**

- despair
  - loss
  - identity
  - reminiscence
- 

21.

Which statement best represents adolescent girls’ experience in regard to self-confidence?

**Multiple Choice | 1.00**

- Self-confidence increases during puberty.
  - Self-confidence is strengthened by their strong ability to cope with physical changes.
  - Self-confidence decreases from childhood to adolescence.
  - Self-confidence is not affected by puberty.
- 

22. According to the Centers for Disease Control and Prevention (CDC)

**Multiple Choice | 1.00**

- approximately 25% of Americans are obese.
  - approximately 33% of Americans are obese.
  - approximately 50% of Americans are obese.
  - approximately 60% of Americans are obese.
- 

23. The transition from adolescence to adulthood is also known as

**Multiple Choice | 1.00**

- new adulthood.
  - fresh adulthood.
  - emerging adulthood.
  - exploratory adulthood.
- 

24. A mid-life crisis

**Multiple Choice | 1.00**

- can be a period of unhappiness.
  - can be a period of growth.
  - occurs around the age of 40.
  - All of the above
- 

25. Authoritarian parents are

**Multiple Choice | 1.00**

- demanding, rigid, and harsh.
  - reasonable, disciplined, and supportive.
  - uninvolved, warm, and in control.
  - selfish, unsupportive, and demanding.
- 

26. Average life expectancy has increased because of

**Multiple Choice | 1.00**

- improvements in sanitation laws.
  - vaccinations.
  - better prenatal and infant care.
  - All of the above
- 

27. Menopausal women often experience symptoms such as

**Multiple Choice | 1.00**

- rapid heartbeat.
  - sleeplessness.
  - Both of the above
  - None of the above
- 

28. Frameworklessness refers to

**Multiple Choice | 1.00**

- a loss of family structure.
  - a school system with free-flowing schedules.
  - conducting therapy with adolescents without a theoretical background.
  - being caught between the familiarity of childhood and the unfamiliarity of adolescence.
- 

29. Crystallized intelligence is

**Multiple Choice | 1.00**

- learning from past experiences and knowledge.
  - being able to accurately predict future events.
  - being able to make quick and correct decisions.
  - used in order to determine the differences between various personality traits.
-