

Journal Reflection #5 Discussion on “LGBT” Lesbian, Gay, Bisexual, and Transgender

I think that was a powerful discussion with this extraordinary, heartbreaking, perhaps one of the most controversial topics about human existence, homosexuality. It has no known boundaries, be with the race, ethnicity, color, age, socio economic, country or religion. That perhaps has been a part of human civilization. The letter of St. Paul to the Romans was dated A.D. 57 near the end of his missionary journey. Thus, indicating that centuries ago, the practice of homosexuality has been known. St. Paul wrote on the 1st Chapter of Romans a description of what he says, God thought about homosexuality.

Here we in the 21st century. The power of organizing, aiming social change, voicing the demands, educating the population, has shown a significant progress. In the area of LGBT, I think it shows a huge gain in being recognized, become a part of a society that contributes for the good of all, particularly in the countries where democracy is being practiced, like the United States. I only pray this progress had helped many families and individuals whose relationships have become severed, and now hopefully been reconciled for good. Many individuals opted to end their lives, due to perhaps living a double life, internal pressures, confusion, loneliness, guilt, shame, and many things that only the family or the person involved can fully described.

I am impressed with the way the leader engaged the group. She ushered the members into self-disclosing. That although this is a sensitive topic, the sharing becomes like a normal conversation, with an extraordinary importance. This is also, I think, one positive attributes about a group session. The leader also was able to expressed empathy, shows reinforcement and encouragement to the participants. The group was fully planned, with time, location, type of

group, topic, agreement and brief education about the topic were discussed. That was a powerful presentation, and I appreciate the learning and hearing extraordinary stories about real life.