

## Framing your personal Rule of Life

1. Roles: What are your primary relationships? My primary roles is I am mother to my daughter Amber, a MSW student and a Child Protective Specialist/case worker.
2. Gifts: What are my God-given gifts and talents and temperaments? My God -given gifts and talents is that I love to help people. When I was younger I wanted to be a teacher but while in my undergraduate school I found the class to challenging, When I was attending my undergraduate class at New Paltz I realized that my gift from God was to work in the social work field. I been working as a Child Protective Specialist come May 2022 for 24 years.
3. Desires: What are my deepest longing and core values? When I was attending City As High School I was able to attend internship. One internship I work in high school was at Greenwich preschool in Manhattan. I work with children age 1 to 5 years doing arts and craft, circle time, and music time. Two of my deepest desires were always to work with young children and families. Therefore, after I obtain my MSW and my licenses I will one day open up a Christian day care center and my own therapy office.
4. Vision: What is the intentional passion God has planted in me?  
The intentional passion God has planted in me is to always be kind, warm and understanding. I think the retreat has helped me renew my relationship with God. My life experience over the years have left me sad and sometimes angry that life has been unfair. When I received my evaluation from my job and got a good on my evaluation I felt sad and for a moment lost hope. Then I pray to myself and ask God to restore my belief in him because my surrounding of my life is filled with happiness. I plan to graduate with my Master by May 2023 and study for my license right away. I will finish my job at ACS and in the near future do my research how to open a Christian day care.
5. Mission: What am currently doing to purse my vision? I am to try to read my bible more and allowed God to get closer to my heart. I am also going to try to attend my church at least twice a month due to my busy schedule. I am going to try put some quite time a side for me and learn to relax.