

SWK 556 Generalist Practice II with Groups, Organizations, and Communities

Spring 2022

Journal #1 Small Group Process-Beginning Phase.

Date: 2/11/22

A well-planned Pre-Group Planning is an essential phase for a group process to raise the possibility for a group work success. Particularly at the beginning phase, a well thought and or careful pre-group planning, I believe, is a sign for a successful group work. Because at Pre-Group Planning stage, participants maybe are hinging to become motivated and to commit, or to disengage and become unmotivated. The cohesion formation maybe the same for a natural or for formed groups. Could also be the same weather formed groups functions as task groups, social action or goals groups, and or client groups.

As a participant during Prof. Karen Ford's Pre-Group Planning presentation, I observed the fluidity of her presentation, which heightens my interest about the group. It gave me a feeling that even it was only the first session, I decided to commit for the next four sessions, anticipating for the wealth of information and learning experiences to receive. Prof Ford's presentation began by providing the participants her contact numbers, her availability in case the participant wants to contact her after the sessions. She clearly stated that it is a closed group, means membership and number of sessions are fixed to four sessions weekly, every Thursday, at the given location. She defined the population, its purpose and the expected outcome. The group ground rules were drawn, and the expectations from the group were discussed. A brief touched on the content of each session, including what to receive after the completion of the program.

In conclusion, I believe that a careful well-planned written Pre-Group Planning is the key for a successful group intervention. The quality of engagement and rapport building during the

first phase is a huge factor in order for a group program to become successful. This could most likely raise the rate of attendance and or attain a possible 100% completion. In addition, I believe that besides professionalism, a well-pre-group planned and a great deal of awareness and skills are imperative to the execution or presentation. This has to be accompanied by a warm and welcoming spirit, paying equal importance to each participants, as Prof Ford demonstrated at this group presentation.