

SF-503/SF-603/SF-703 Learning Covenant for My Spiritual Formation¹

Student Name: Yesbelmari Figueroa Mentor: Chaplain Aisabokhae

DATE: February 16, 2022 PROFESOR: Dr. Javier Gómez Marrero

Part One – SELF-ASSESSMENT

"So be careful of your way of life. Do not live as fools but as wise men, taking full advantage of every opportune moment, because the days are bad. Therefore, do not be foolish, but understand what the will of the Deigner is. Do not get drunk on wine, which leads to debauchery. On the contrary, be filled with the Spirit. Encourage one another with psalms, hymns, and spiritual songs. Sing and praise the Signer with your heart, always thanking God the Father for everything, in the name of our Signer Jesus Christ. "

Efesios 5:15-21 (NVI)

The apostle Paul invites us to be careful how we live. Él describes the qualities of the person living a consecrated life as someone who leads a focused and intentional life. Living a focused life means being intentional about what is most important. The purpose of such an exercise in intentionality is to help you focus on a plan for the important pieces of the great whole – YOU! With the power of the Holy Spirit working in you, it is possible to live an intentional, focused, and holiness-based life.

While living with a plan is a good idea for everyone, for someone considering ministry it is vital. One of the keys to healthy living and effective ministry is to be intentional about your growth during the ministry preparation process. At the ACM we have recognized that there are FIVE ESSENTIAL CHARACTERISTICS for a Christian worker. These characteristics are:

Christ-Electric Character, Empowered Ministry, Spiritual Leadership, Healthy Living, Biblical Foundation

This exercise empowers you to take a personal inventory of the key characteristics that make up the five areas of a Christian worker. Based on your inventory, you will be able to see more clearly the characteristics where you will want to invest intentionally while continuing to develop in your calling. Although we understand that you will not necessarily obtain a level of excellence in all characteristics, we want that through a relationship with a coach or mentor, you will be able to learn and develop in each characteristic. Such a relationship can help you focus and motivate you to develop these characteristics in your life. In this process, invite God to help you glimpse a future where you are aligned with His design and plan for you.

Self-appraisal on the five essential characteristics of a worker

In the next section, you will see the five characteristics of a Christian worker that are essential to work and ministerial leadership. Please be honest and accurate in your self-assessment. *When evaluating yourself, also take into account the findings made in the other appraisals completed in the course, as well as the feedback from your small group.* Maybe you should think that you are someone else filling out a reference for you. How would you respond? Use the following as guides for your evaluation:

Excellent – You observe in the candidate exceptional evidence of this appraisal area, and feel that the candidate exceeds the average of most applicants of his age.

¹ Try to follow the guidelines of the Performance or Evaluation Rubric for the Learning Pact, included in the Course Record.

Solid – You see consistent evidence of this appraisal area in the candidate's life and ministry. You feel confident that this area is safe and that it will continue to be strong in the candidate's life and ministry.
 Growing – You can detect indications that this appraisal area is important to the applicant and that it has been intentional in its development. So you want to encourage him in continuous progress.
 Needs Development – Although there may be some signs of this appraisal area in the life of the applicant, it is obvious however that it needs to be more intentional to improve in this area.

(1) CHRIST-CENTERED CHARACTER

Candidates demonstrate a walk with God in which they continue to deepen, and which is revealed as that consecrated lifestyle described in 1 Timothy 3:1-7. They are wise stewards of their resources. Take some time to prayerfully consider and honestly assess your current level of development for each of the 5 essential characteristics of a Christian worker.

	EXCELLENT (4)	SOLID (3)	GROWING (2)	NEEDS DEVELOPMENT (1)
Formation: I have a deep and growing relationship with Christ through a regular and meaningful devotional pattern, spiritual disciplines, including a growing and consistent prayer life.			X	
Integrity: I am a person of integrity, sincerity, and moral purity.	X			
Stewardship: I use my resources (time, money, and relationships) wisely.	X			

(2) EMPOWERED MINISTRY

Discovering and confirming the candidate's spiritual gifts and calling leads to an effective missionary ministry where lives are transformed, communities changed, and the world is impacted.

	EXCELLENT (4)	SOLID (3)	GROWING (2)	NEEDS DEVELOPMENT (1)
Calling: I understand and am assured that God called me to ministry leadership; others in the church have also been confirming my calling.	X			
Spiritual Gifts: I understand and use my gifts, talents, and passions for the advancement of the Kingdom of.		X		
Aptitude: I can articulate, demonstrate, and mobilize others in a Christ-centric ministry philosophy to make disciples.			X	
Missional: I feel comfortable, active, and appropriate in sharing my faith with non-church members.	X			

(3) SPIRITUAL LEADERSHIP

Leading with excellence requires candidates to serve their work teams by sacrificing for them, making effective decisions, organizing and empowering others. They manage stress and anxiety well and resolve conflicts by leading participants toward reconciliation.

	EXCELLENT (4)	SOLID (3)	GROWING (2)	NEEDS DEVELOPMENT (1)
Team: I work well in a team and can resolve conflicts biblically.	X			
Effectiveness: I am effective in organizing, managing time, making decisions, and leading others.			X	
Attitude: I handle stress and anxiety well. I respond well to authority and value positive and constructive feedback.	X			

(4) LIVING HEALTHY

Candidates maintain a balanced healthy life. They properly process your past pains and losses. They have a realistic and positive outlook on life and are aware of how their emotions affect others. They have a solid marriage, proven parenting skills, and a family committed to a ministry lifestyle.

	EXCELLENT (4)	SOLID (3)	GROWING (2)	NEEDS DEVELOPMENT (1)
Physical Health: I maintain physical health with good habits of nutrition, exercises, adequate rest.	X			
Emotional Health: I am emotionally healthy and have an appropriate self-assessment.	X			
Relational Health: I relate well to others and have a realistic and positive outlook on life.	X			
Family Health: I have a nice family, proven caring skills, and a family that is committed to ministry as a lifestyle.	X			

(5) PUBLIC FOUNDATION

Candidates have a functional and adequate knowledge of the Bible and can articulate and advocate an integrated and coherent theology that is aligned with the church or denomination in which it serves or aspires to serve.

	EXCELLENT (4)	SOLID (3)	GROWING (2)	NEEDS DEVELOPMENT (1)
Biblical Knowledge: I have a good working knowledge of the Bible.	X			
Theological Understanding: I am able to adequately communicate doctrinal truths.		X		
Loyalty to the Church: I have been and am committed to living the core values of the denomination (church) in which I serve or aspire to serve by giving ministry leadership.	X			

II. SPIRITUAL NEEDS AND LONGINGS: Review your inventory again. For each of ***the five essential characteristics of a worker*** try to identify those areas that need some development, or that may not have been observed in his life lastly. Do you perceive that God wants you to develop in your life?

1. Christ Centered Character. I feel like my prayer time should be more often.
2. Empowered ministry. My missionary ministry needs improvements. To be or stay in the comfort zone is good helpful.
3. Spiritual Leadership. I need to develop ways to correct others without me feeling bad.
4. Living healthy. I know that I am not perfect, but I feel that I have a wonderful and healthy life style.
5. Public Foundation. I need to improve public speaking. Sometimes I feel nervous or shy

III. Goals: For each of the spiritual needs and desires identified above, try to postulate a goal to achieve during your time at STPR. These goals must include at least one (1) faith-filled risk (of large proportions) or three (3) (of smaller proportion) You must also identify the means that will make it feasible to achieve each goal (how you plan to achieve it). It will also specify the dates to reach each goal, between now and the time in which it plans to graduate from the STPR. Indicate the relationships where you will be accountable and some of the questions you know about giving these people permission to ask you in your meetings.

Goal #1: To be pray for often. My goal is to grow continuously my communication with God.

(E.g. Read the entire Bible every year)

- A. Means: More effort and patience.
- B. Method of evaluation or accountability: Writing down all the times that I have been praying.
- C. Dates: I plan for next year to pray an hour daily. (February 2023)
- D. Is this goal a great risk full of faith? No / If _____ why is it?

Goal #2: Improvements in my missionary ministry.

- A. Means: To visit more countries.
- B. Method of evaluation or accountability: Applying for missionary missions.
- C. Dates: I would like to visit at least one country per year.
- D. Is this goal a great risk full of faith? No _____ / If why is it? Because involve money, time and resources.

Goal #3: To learn how to correct others without me feeling bad about it.

A. Means: That I will train and ask my mentor how to correct subordinates.

B. Method of evaluation or accountability method: My AAR

D. Dates: Quarterly

E. Is this goal a great risk full of faith? No / Yes _____

Goal # 4: To eat less sweets.

A. Means: Substitute or replace the sweetness.

B. Method of evaluation or accountability: Calculating in a chart my diet.

C. Dates: Monthly review

D. Is this goal a great risk filled of faith? No / Yes _____

Goal # 5: To improve my public speaking.

A. Means: To feel more comfortable when I am communicating. Maybe to also take some public speaking class.

B. Method of evaluation or accountability: Asking feedback.

C. Dates: In six months I would like to communicate better in public.

D. Is this goal a great risk full of faith? No / Yes _____

MENTOR'S SIGNATURE:



TEACHER'S SIGNATURE: