

You As Counselor

1. What draws you towards wanting to become a counselor? What evidence do you have that indicates that you might be called to be a counselor?
2. What life experiences have you had that might enhance your ability to become a more effective counselor? Explain.
3. What life experiences or circumstances have you encountered that might be obstacles to you becoming a more effective counselor? Explain.
4. What thoughts, questions, fears, doubts and emotions rise up within you as you consider becoming a counselor?
5. How do you feel about your capabilities to successfully support a client in crisis?