

1-Describe the four assumptions underlying the biopsychosocial framework employed in this book for assessing human behavior concerns.

There are 4 assumptions when it comes to the biopsychosocial framework:

1. There are 3 components that help understand human behavior and our social interactions with our environment. The 3 components are: Biological/biophysical, social, and psychological.
2. Within the 3 components there lie multiple systems that can be categorized from smallest to largest.
3. Biological, social, and psychological components are viewed as the system of biopsychosocial approach
4. The systems that are categorized from smallest to largest (known as an ascending hierarchy) are used in a state of interaction with other living organisms and within non-living organisms in the psychological sense.

2-Compare how risk and protective factors affect developmental outcomes.

Risk and protective factors can negatively impact the development of a child and/or individual. These hazards and risks can be biological, psychological, or even social. When risks and hazards are on a biological level, they can stunt the growth of a child and their physical performance. These hazards and risk factors will impact the health of an individual.

On the psychological level risks and hazards could be affected by mental abuse and could cause effects like PTSD, depressions and anxiety, and other negative mental patterns.

Social hazards and risks could be impacted by the community and government which could lead to lack of resources and unemployment. The impact that these could also cause you to not provide for your family, or even yourself. This can really affect your mental (psychological) and physical (biological) state.

While 3 components can have different hazards and risks, they all can end up taking a toll on your overall health.