

Other Conditions that may be a focus of Clinical Attention

Relational Problems

Problems Related to Family Upbringing

Other Problems Related to Primary Support Group

Abuse and Neglect

Child Maltreatment and Neglect Problems

Adult Maltreatment and Neglect Problems

Educational and Occupational Problems

Educational Problems

Occupational Problems

Housing and Economic Problems

Housing Problems

Economic Problems

Other Conditions that may be a focus of Clinical Attention

Other Problems Related to the Social Environment

Problems Related to Crime or Interaction With the Legal System

Other Health Service Encounters for Counseling and Medical Advice

**Problems Related to Other Psychosocial, Personal, and
Environmental Circumstances**

Other Circumstances of Personal History

Problems Related to Access to Medical and Other Health Care

Relational Problems

Problems Related to Family Upbringing

Parent-Child Relational Problem

Used when the quality of the relationship causes clinically significant distress or causes other impairment such as affecting school, other familial relationships, or other important areas of life.

Used for children (not for the adult having the relational problem, such as if the quality of the relationship is affecting the parent's ability to work) and can be used along with (but not instead of) abuse/neglect of child situations.

Relational Problems

Problems Related to Family Upbringing

Sibling Relational Problem

Used when the quality of a sibling relationship causes clinically significant distress or causing other impairment such as affecting school, work, other familial relationships, or other important areas of life.

Can be used for both children and adults. Is useful to note in situations where an older child has difficulty adjusting to the birth of a younger sibling.

Also useful in situations where sibling conflict around caring for an aging parent or division of deceased parental assets affects the mental/emotional health of an individual or family.

Relational Problems

Problems Related to Family Upbringing

Upbringing Away From Parents

Used when the clinically significant distress or impairment in important areas of functioning are affected by being raised away from parents (e.g., foster care, guardian relatives, immigration custody, etc.). Can be noted in addition to (but not instead of) abuse/neglect of child situations.

Child Affected by Parental Relationship Distress

Used when a child is manifesting clinically significant distress or impairment in an important area of life (e.g., school performance) due to parental discord, conflict, separation, conflictual co-parenting, parental alienation, etc.

Relational Problems

Other Problems Related to Primary Support Group

Relationship Distress With Spouse or Intimate Partner

Used when the quality of the intimate relationship causes clinically significant distress or causes other impairment such as affecting work, other familial relationships, or other important areas of life.

Disruption of Family by Separation or Divorce

Used when disruption is present in these contexts. Not every couple going through divorce or separation is distressed or disrupted so if seeing a separated/divorcing individual or couple, it is important to decide if both this and the above situation are present or only one is present.

Relational Problems

Other Problems Related to Primary Support Group

High Expressed Emotion Level Within Family

Noted when expressed emotion in a family context is “high” (subjectivity higher or lower depending on the treater). Often, when expressed emotion within a family causes distress that complicates family or individual functioning, “high” needs to be differentiated from individual sensitivity.

Uncomplicated Bereavement

Noted when someone may be presenting for counseling in the context of the death of a loved one but the grieving is considered normative and not complicated (e.g., is not going on its sixth year of high distress). Specific to loss from the death of a loved one and not other kinds of loss (e.g., job, home, ideals, faith, etc.)

Abuse and Neglect

Abuse and Neglect

Abuse and neglect are terms that have wide variability in the way they are applied to situations depending on the user/therapist. Some therapists consider paddling while angry abusive whereas other therapists do not so long as the paddling is not physically harmful. Therapists vary in the extent they take into account mental state of the caregiver and their threshold of physical harm (e.g., if a child says it hurts but no physical mark is left). The same is true for neglect (e.g., a child falls while at home with a sober parent) and psychological abuse (e.g., how is excessive discipline determined and is excessive criticism psychologically abusive?).

Differentiated between adults and children

Differentiated between the type of abuse

Differentiated between suspected and confirmed

Differentiated between initial encounters and subsequent ones

Differentiated between victim and perpetrator

Abuse and Neglect

Child Maltreatment and Neglect Problems

Child Physical Abuse

Intent is not taken into account

Does not include reasonable discipline

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Child Physical Abuse

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator and if the perpetrator is a parent or some other caregiver (e.g., babysitter, day care worker, relative, etc.)

If there is past history of physical abuse in childhood and it is a relevant focus of the therapy, such notation is made

Abuse and Neglect

Child Maltreatment and Neglect Problems

Child Sexual Abuse

Intent is not taken into account

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Child Sexual Abuse

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator and if the perpetrator a parent or some other caregiver (e.g., babysitter, day care worker, relative, etc.)

If there is past history of sexual abuse in childhood and it is a relevant focus of the therapy, such notation is made

Abuse and Neglect

Child Maltreatment and Neglect Problems

Child Neglect

Intent is not taken into account, neither are circumstances nor caregiver shortcomings (as understandable as they may be)

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Child Neglect

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator and if the perpetrator is a parent or some other caregiver (e.g., babysitter, day care worker, relative, etc.)

If there is past history of neglect in childhood and it is a relevant focus of the therapy, notation is made

Abuse and Neglect

Child Maltreatment and Neglect Problems

Child Psychological Abuse

Intent is not taken into account, neither are circumstances nor caregiver shortcomings (as understandable as they may be)

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Child Psychological Abuse

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator and if the perpetrator is a parent or some other caregiver (e.g., babysitter, day care worker, relative, etc.)

If there is past history of psychological abuse in childhood and it is a relevant focus of the therapy, such notation is made

Abuse and Neglect

Adult Maltreatment and Neglect Problems

Spouse or Partner Violence, Physical (within the last year)

Intent is not taken into account, neither are circumstances nor spousal shortcomings (as understandable as they may be)

Does not include self-protective acts

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Spouse or Partner Violence, Physical

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator

If there is past history of physical violence and it is a relevant focus of the therapy, such notation is made

Abuse and Neglect

Adult Maltreatment and Neglect Problems

Spouse or Partner Violence, Sexual (within the last year)

Intent is not taken into account, neither are circumstances nor spousal shortcomings

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Spouse or Partner Violence, Sexual

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator

If there is past history of sexual violence and it is a relevant focus of the therapy, such notation is made

Abuse and Neglect

Adult Maltreatment and Neglect Problems

Spouse or Partner Neglect (within the last year)

Intent is not taken into account, neither are circumstances nor spousal shortcomings (as understandable as they may be)

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Spouse or Partner Neglect

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator

If there is past history of such neglect and it is a relevant focus of the therapy, such notation is made

Abuse and Neglect

Adult Maltreatment and Neglect Problems

Spouse or Partner Abuse, Psychological (within the last year)

Intent is not taken into account, neither are circumstances nor spousal shortcomings (as understandable as they may be)

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Spouse or Partner Abuse, Psychological

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator

If there is past history of psychological abuse and it is a relevant focus of the therapy, such notation is made

Abuse and Neglect

Adult Maltreatment and Neglect Problems

Adult Abuse by Nonspouse or Nonpartner

Intent is not taken into account, neither are circumstances nor nonspouse/nonpartner shortcomings (as understandable as they may be depending on the type of abuse)

Does not include self-protective acts

Need to differentiate between suspected and confirmed

Need to differentiate between first and subsequent sessions

Other Circumstances Related to Adult Abuse by Nonspouse or Nonpartner

Notations include differentiating if the person presenting in such contexts is the victim or the perpetrator

Educational and Occupational Problems

Educational Problems

Academic or Educational Problem

Used whenever academic problems or problems with educational access, resources, are a focus of or complicates the work of therapy

Educational and Occupational Problems

Occupational Problems

Problem Related to Current Military Deployment Status

Used when present and is a focus of or complicates the work of therapy

Other Problem Related to Employment

Used whenever work performance problems or problems with employment are a focus of or complicating the work of therapy, including overwork/burnout

Housing and Economic Problems

Housing Problems

Used whenever residence/housing-related problems are a focus of or complicating the work of therapy

Homelessness

Inadequate Housing

Discord With Neighbor, Lodger, or Landlord

Problem Related to Living in a Residential Institution

Housing and Economic Problems

Economic Problems

Used whenever problems related to financial insufficiency
are a focus of or complicating the work of therapy

Does not include over-spending/living beyond one's means

Lack of Adequate Food or Safe Drinking Water

Extreme Poverty

Low Income

Insufficient Social Insurance or Welfare Support

Unspecified Housing or Economic Problem

Can include unexpected debt (e.g., loss of income affecting
ability to pay rent)

Other Problems Related to the Social Environment

Phase of Life Problem

Problem Related to Living Alone

Acculturation Difficulty

Social Exclusion or Rejection

Can include bullying, rejection by peers (children and adults)

Target of (Perceived) Adverse Discrimination or Persecution

Due to gender, gender identity, race, ethnicity, religion, sexual orientation, country of origin, political beliefs, disability status, caste, social status, weight, height, and physical appearance

Unspecified Problem Related to Social Environment

Can include social isolation

Problems Related to Crime or Interaction with the Legal System

Victim of Crime

Conviction in Civil or Criminal Proceedings Without Imprisonment

Can include things like convictions of spousal harassment

Imprisonment or Other Incarceration

Problems Related to Release From Prison

Problems Related to Other Legal Circumstances

Other Health Service Encounters for Counseling and Medical Advice

Sex Counseling

Other Counseling or Consultation

Can include spiritual counseling, dietary counseling, equine/animal-assisted counseling

Problems Related to Other Psychosocial, Personal, and Environmental Circumstances

Religious or Spiritual Problem

Problems Related to Unwanted Pregnancy

Problems Related to Multiparity

Used when problems addressed in therapy include distress or impairment due to birthing more than one child in an instance

Discord With Social Service Provider, Including Probation Officer, Case Manager, or Social Services Worker

Victim of Terrorism or Torture

Exposure to Disaster, War, or Other Hostilities

Problems Related to Other Psychosocial, Personal, and Environmental Circumstances

Other Problem Related to Psychosocial Circumstances

**Unspecified Problem Related to Unspecified Psychosocial
Circumstances**

Other Circumstances of Personal History

Other Personal History of Psychological Trauma

Personal History of Self-Harm

Personal History of Military Deployment

Other Personal Risk Factors

Problem Related to Lifestyle

Not to be used when the problematic behavior is attributable to a specific mental disorder

Adult Antisocial Behavior

Child or Adolescent Antisocial Behavior

Not to be used when the behavior is attributable to a specific mental disorder such as Conduct Disorder, Antisocial Personality Disorder, etc.

Problems Related to Access to Medical and Other Health Care

Unavailability or Inaccessibility of Health Care Facilities

Unavailability or Inaccessibility of Other Helping Agencies

Problems Related to Access to Medical and Other Health Care

Nonadherence to Medical Treatment

Nonadherence to Medical Treatment

Overweight or Obesity

Used when this is a focus of therapy and an eating disorder is not present

Malingering

Used when this is a focus of therapy or outcome of an evaluation and conscious distortion for gain is present (vs. Factitious Disorder)

Wandering Associated with a Mental Disorder

Borderline Intellectual Functioning

Used when Intellectual Disability criteria is not met but deficits in intellectual functioning are present that affect the therapy