

# FIELD INSTRUCTION JOURNAL OF COMPETENCY DEVELOPMENT

**\*Journal#4**

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## 1. Review of Competencies Practiced

Review cases, clients, projects, and tasks from this past week. Describe a specific activity from the Field Learning Agreement that was completed and indicate what competency and practice behavior it represents. It would be useful to discuss an activity you were challenged by or have questions about.

I was moved to the Brooklyn Lab School from the MultiCultural School because my Spanish was not fluent enough to effectively communicate and service the population of students and parents in the Multicultural School. I was assigned five cases in the Brooklyn Lab School by the school social worker in collaboration with the Cypress Hill Local Development Organization directly servicing three of the five schools in the Katherine K Lane High School. These five cases assigned were considered “at risk students.” Of the five students three were heightened because of an event that occurred which violated school policy and guidelines. Initially I was a little hesitant to take on the three students, however I told myself I signed up for this and in my faith, “I can do all things through Christ which strengthens me.” Phil. 4:13.

## 2. Reflect on Performance of Competencies

Strengths- What went well in your demonstration of this particular practice behavior?

I have since continued my commitment to my weekly meet with these assigned students, helping to direct them in and with positive attitude and affirmations in their educational journey. Witnessing the environment these students have to endure daily encourages me to continue to gain knowledge, understanding and the wisdom to apply my ability to be a “change agent” for the betterment and self-efficacy of these students.

**Limitations-** In what ways do you need to grow related to this particular practice behavior? There are and will be several opportunities of needed growth related to this particular practice behavior. One particular growth area I must be confident in is engaging in the individual process of communicating to clients and growing in the relationship needed to be successful in the practice of interview assessments. I’m confident that other areas of growth will occur as I gain more knowledge and understanding of evidence based practice and institutional systems affecting clients/people's lives in any of the competencies needed for the practice behavior of self awareness and confidence.

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**Describe your personal feelings related to the activity:**

Self care is an area I must continue to nurture and not feel guilty when I do. I do understand that spending daily time with God is my first and most needed self care if I'm going to be able to continue providing services in the profession of Social Work. I also know that eating healthy foods and regular exercise is necessary to function at the top of my responsibility to continue in my education, creativities and live a happy life doing the will of God in this season in my life.

### **3. Connecting Competencies to Knowledge, Values, and Skills**

**What Social Work knowledge, skills, and/or values relate to your development of this competency?**

Competency 3: Contextualize all client conceptualizations (assessment) utilizing lenses of social justice, including aspects of identity and social location that may marginalize clients and /or contribute to their inequitable distribution of social and economic resources. Assess the availability of environmental resources and help individuals, families, groups and communities. Social workers advocate for equitable distribution of all social, economic, and practical resources, including the availability of competent clinical social workers with commitments to anti-oppressive, justice-oriented clinical practice.

### **4. Plan for Progress**

**What have you learned about yourself from this experience/interaction? What steps or actions are needed to foster personal growth and continued development of this practice behavior?**

I have learned that we all have biases about the type of people we have to interact with in social work practice. I believe that the Code of Ethics helps to keep me conscious of the responsibility of the broad ethical principles based on social work's core values of service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. I will continue to aspire to these aspirations.