

PMN 310. Midterm Exam

1. What are the three approaches to counseling?
2. What stands out to you about people helping and the great commission?
3. List the six principles of people helping and give a brief explanation of each.
4. List and define the six steps of people helping.
5. What are some points you will keep in mind for mentoring in the counseling process?
6. Why do most people in need turn to a friend?
7. State the pros and cons of peer counseling.
8. What are the dangers of peer counseling? Note all of them.
9. Reproduce for this paper diagram either, 6:2, 6:3 or 6:4. State why you choose the one.
10. What guidelines have you learned for dealing with your own stress?