

CLINICAL OBSERVATION CASE REVIEW NOTES

Please fill in at least 5 of the following sections with 2-4 sentences for each section

1. THEORIES IDENTIFIED -
2. CLINICAL ASSESSMENT -
3. INTERVENTION STRATEGIES - I did appreciate the homework that was assigned. Giving her the opportunity to be more introspective and understanding where she stands in her relationship with herself and her partner.
4. CLIENT STRENGTHS / CLINICAL GAINS - the client has an understanding of thoughts and emotions. She's aware of things around her and people around her.
5. CLIENT RESISTANCE - I did notice the client's resistance to be introspective when it comes to possible responsibility for the situations she finds herself in, in her relationships. Challenging her ideas or beliefs could help her shift her perspective in her relationships and produce change in their dynamic.
6. DIVERSITY ISSUES IDENTIFIED
7. SPIRITUALITY EMPLOYED IN THERAPY -
8. ETHICAL ISSUES
9. THERAPIST USE OF SELF
10. OBSERVERS EMOTIONS / REACTIVITY - I find myself very bored in this client's sessions. I can't clearly see what the issues are or what her goals are when it comes to therapy. I catch myself not being present, I feel confused when she talks but I think it's just because of how easy it is to check out when she talks.
11. SUGGESTIONS FOR NEXT SESSION - I'd like to see more goals outlined and how to get there. I'd like to see more homework and more about who she is, not who she is in her relationships.

_____ Virginia Guerrero _____ name

___10/31/21_____ date