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## Chapter 6

Social dancing is probably the most effective form of networking with people. I've seen it before my eyes in so many ways. This chapter explains to use in depth what social dancing is and it's orgin nature. Everything we need to know about it.

We have all socialized with groups of people before. As well as been on the dance floor mutual friends or family. Being on the dance floor and getting to know people is socially dancing. In my opinion you can literally find the love of your life if you can socially dance and have the skills to be in sync with somebody.

I've witnessed completely opposite people that nobody would ever imagine even being on the same block together nail a salsa dance so efficiently and executed to perfection. That you would think they practiced it 7 days a week for hours. After the dance all it really takes is the right vibe scenery around you and the both of you to be really into each other.

Just about every single dance and song in the world are involved with social dance. The reason for that, all it really takes is for people to have the song in favorable commonality, and have a physical groove to it so that it can be a dance.

In the 19th century the upper class group dance had rules. In this era there were rules to be met in such places like public and private balls . They're behaviors had to be approachable and acceptable. It reflected how they're lives where at home. The five basic dance groups were the contra the English country , the quadrille , the French cotillion, and the German cotillion .

The waltz was a dance that really sparked the partnership between male and female dancing. Which is the Best form of social dancing. The most iconic to me. Partner social dance is a great way to combine energies and trade off so much with each other.

This chapter speaks of the nature of many different dances like jazz, rock, the tango and so many more. I certainly have to pay amish to one of my personal favorite genres , rock.

I only enjoy some heavy metal rock but I certainly enjoy some smooth slow rock with a great bass and the roar of an amazing electric guitar. With the drums raging in rhythm a beautiful soul can bump their head up and down, like the chapter expresses “ rock dances took people to primal ecstasy” when I play some of my favorite songs by nirvana I feel that exhilarating energy.

Similar to head bumping in rock. jazz can be sort of the same yet I can bump my head snap my fingers in a more smooth way. Jazz has the correct instruments to be able to make one relax and be fed soul food to relieve the heart. Jazz music is very amazing , the piano the trumpet the drums all of it . As said in previous chapters every instrument is different and together sounds amazing. Not in exact words yet the point is made.

This chapter sums up the influences of all cultures and the dancing that is involved which make us social people. Connections , networks , true love , rhythm and so much more can be found in socially dancing amongst people. Any kind of dance move is allowed from a dancers imagination. We've all got a dance to share .