

Case Note Recording #1

Narrative

Client is a 71-year-old divorced man who recently moved in his new permanent housing after being a street homeless for two and a half years. Client's new permanent housing feels like home. Client reports to be having a hard time adjusting to the building due to uncomfortable experiences such as missing personal items, which he claims have been taken by the building maintenance staff. Client states that a rich family in New Jersey is paying property manager to sabotage him; he says she does not like him for being a Muslim. No reasons or evidence were provided to support this statement. Client has a housing voucher and only pays 30% of the total rent fee, yet he did not pay rent for four months because he claims the amount was not stated on the lease. The lease did state the monthly rent fee. Client has all entitlements and relies on food stamps, Medicare, and Medicaid benefits to sustain himself throughout the month. Client reports he is only receiving \$17 a month on food stamps, but social worker is assisting him with this situation; therefore, he goes to the agency's coffeehouse almost every day to get free meals. Client is interested in computing activities and likes going to the Mosque as it helps with his depression. He was diagnosed with bipolar disorder in 1994 and takes medication to treat it (Seroquel 400 mg and Aripiprazole 10 mg). Client reports not to present any medical problems. He tried to see a psychiatrist and a social worker every two months but does not sound quite positive about it. Client says his youngest son often visits him, his two daughters call him every once in a while, but his oldest son has not called or visited in five years because client claims that the son is embarrassed of his Muslim father since he [the son] married an Irish woman and became a Christian. Client states the cause for divorce from his ex-wife because she cheated on him; recently, he dated a woman until he found out she had problems with alcohol. Client says he needs help speaking to the property manager about his situation. Worker agrees to intervene and follow up with client.

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Subjective: Client says he is "not doing to well" and is being "sabotaged" as some personal items are missing. He says the property manager "does not like him" and his oldest son "is embarrassed of his father for being a Muslim". He did not pay rent for four months because "the lease does not state how much he had to pay", yet it does. He expresses a sincere interest on computing activities and joy when visiting the Mosque as "it helps with his depression". He reports that "the ex-wife cheated on him" and his most recent girlfriend "had alcohol problems". He "needs help" speaking to property manager about his situation.

Objective: Client is a 71-year-old divorced, unemployed man who relies on food stamps, Medicaid, and Medicare benefits to sustain himself throughout the month. He was a street homeless for two and a half years and moved into permanent housing in April of this year. He is only getting \$17 on food stamps a month; the social worker is currently assisting him with this situation. He shares situations and thoughts that are occurring to him without providing any evidence to back up the information. He has a housing voucher and pays \$276 a month for rent.

He tries to see a psychiatrist and a social worker every two months. Psychiatric evaluation and agency records support his bipolar disorder diagnosis and current medication it (Seroquel 400 mg; Aripiprazole 10 mg). He presents a good physical condition. Three out of his four children often contact or visit him; the oldest son has not visited or called in five years.

Assessment: Client does not want to be reminded that he used to be a street homeless and has made his new permanent housing environment a home. He appears to act paranoid and delusional as he shares recurring situations and thoughts such as being persecuted, sabotaged, and rejected for being a Muslim, without providing any evidence to back up the information. He does not have sufficient funds to afford buying food, so he goes to the agency's coffeehouse to get free a meal every day. He often needs encouragement to visit the psychiatrist and social worker more frequently.

Plan: Meet with property manager to inform her about client's situation to facilitate his adjustment to living in the building. Check on the status of his SNAP claim transaction and ensure sufficient funds are provided to feed himself each month. Encourage him to make an appointment once a month to see the psychiatrist and social worker. Follow-up with client in one month.

Intervention: Active and reflective listening. Engage and problem-solve his financial budget. Escort visits or make monthly appointments for him to see the psychiatrist and social worker.

Evaluation: Worker spoke to the property manager on behalf of client's situation. He visited the social worker the week after we met and spoke about his situation and concerns with her; the SNAP funds claim status is still pending. He has an appointment with the psychiatrist this week.

Revision: Check in with client in two weeks for any updates regarding his SNAP funds. Follow up on how the visit to the psychiatrist go. Ask if he needs any further assistance or services.