

MFT508: How I Felt In My Family As A Child
Remi Balogun

I felt:

1) Sad when	Mother was crying silently not wanting me to see it. For example, mother had to be cook for one of the wives and she would ask me to take the food to her in her home three times every day. Which I did because I did not want to add to her sorrow.
2) Angry when	Every time mother was relegated to a non-entity. For example, this wife sent a rebuke to my mother through me for sending her breakfast so late. I threw all the food at her and ran out of her house angrily as she threatened to report me to daddy.
3) Happy when	Daddy asked for my side of the story. He reprimanded me for acting so rashly and rudely. He reminded his wife that I was his child and not a wife and that was a no-go area for her. That she should never reprimand me like that again.
4) Frustrated when	One wife fought with my pregnant mother and tried to slash her stomach but the knife cut her hand badly as she was trying to protect her stomach. The wife showed no remorse and even expressed regret that she did not reach her target, which was the pregnancy.
5) Confused when	Mother had the baby and allowed the same wife to help her care for the baby so much so that the baby was with her than with his own mother. And everybody addressed her by the name of the baby, it did not upset my mother.
6) Peaceful when	I was around daddy because there were no surprised beating or discipline. Every child was assured of a fair hearing before any punishment or discipline.
7) Scared when	I am in the company of my mother. There were so many unexpected, and unexplained discipline measures and slapping.
8) Disappointed when	My mother did not collaborate with me to dupe daddy like the other mothers did.
9) Excited when	It was Christmas or any of the holidays or festivities.
10) Lonely when	I don't remember ever being lonely. I had too many duties and assignments and obligations as the first born to be lonely. I was frustrated, tired and bored sometimes but not lonely as such.
11) Rejected when	mother was abandoned by dad. She and I had to live in my maternal grandmother's home for a couple of months.