

# GCN 605

Dr Sanchez

September 28<sup>th</sup>, 2021

# Steps for Ecomap

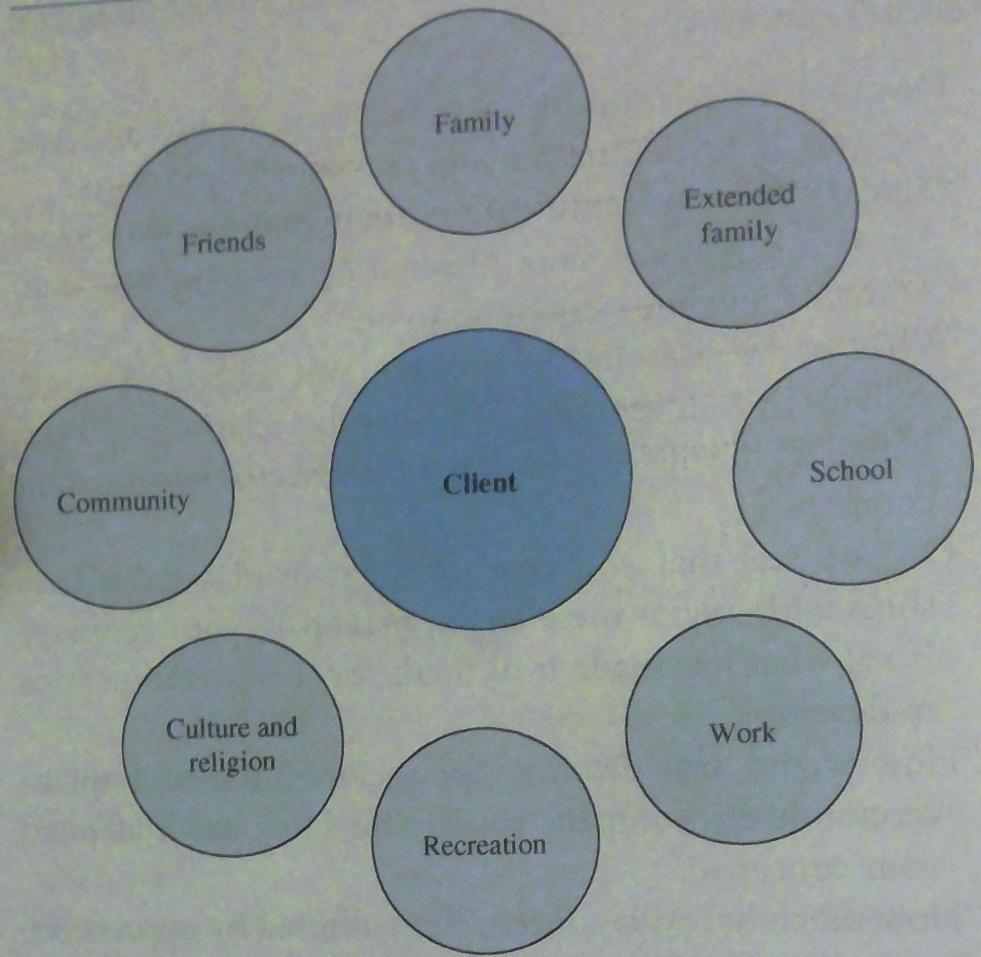
- ▶ “Draw a circle representing yourself in the middle of a piece of paper, and around that circle list systems that are part of your current environment- for example: work, school, family, friends, religion and cultural groups, community groups, recreation and extended family”.
- ▶ “Around each system draw circles of varying sizes to indicate the degree of influence of that environmental system in your life”.
- ▶ “Draw a solid line from your circle to any circles that represent systems in which your connection is positive or strong”.
  
- ▶ Cormier, S., Nurius, P. S., & Osborn, C. J. (2017). Interviewing and change strategies for helpers (8th Ed.). Cengage Learning.
- ▶

# More on Ecomaps

- ▶ “Draw a broken line from your circle to any circles that represent systems in which your relationship is stressful or negative”.
  - ▶ “Draw a wavy line from your circle to any circles that represent systems that you need but are not available to you”.
  - ▶ “Look over your ecomap. What conclusions can you draw?”
- 
- ▶ Cormier, S., Nurius, P. S., & Osborn, C. J. (2017). Interviewing and change strategies for helpers (8th Ed.). Cengage Learning.

# Questions to ask once the ecomap is completed:

- ▶ “Describe the relationship between yourself and all these systems and structures in your current environment.
- ▶ How do you experience your current environment? How has this experience been affected by your gender, race, ethnicity, income status and so on?
- ▶ What is the relationship between you and these larger systems in your ecomap? What has this relationship been like so far in your life? How has this affected your current concerns?”
- ▶ Cormier, S., Nurius, P. S., & Osborn, C. J. (2017). Interviewing and change strategies for helpers (8th Ed.). Cengage Learning.



**FIGURE 7.1** Sample Ecomap

Source: From Hepworth, Rooney, Rooney, & Strom-Gottfried, *Brooks/Cole Empowerment Series: Direct Social Work Practice*, 9 ed. Copyright 2013 by Cengage Learning. Reproduced by permission. [www.cengage.com/permissions](http://www.cengage.com/permissions)

# Requirements for the genogram assignment

- ▶ “List the names of the client’s family members for at least three generations with dates of birth and death, cause of death, occupations, significant illness and any substance abuse issues”.
- ▶ “List important cultural environmental contextual issues including ethnic, identity, race, religion, economic and social class factors. List significant developmental transitions and roles and life events such as trauma, loss and so on”.
- ▶ “Basic relationship symbols are shown as well as sample genogram diagram”.

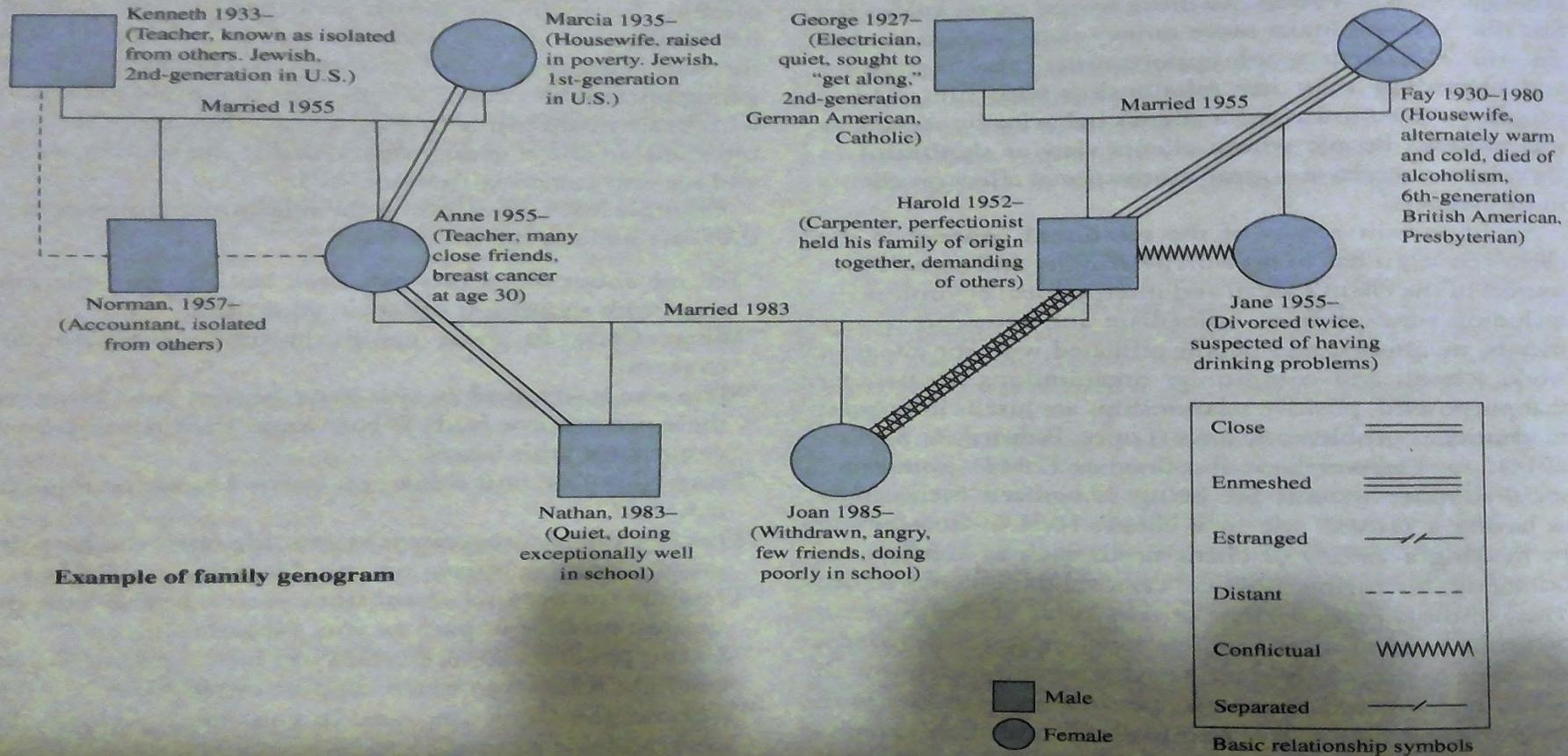
Refer to Slide 8 for visual

Cormier, S., Nurius, P. S., & Osborn, C. J. (2017). Interviewing and change strategies for helpers (8th Ed.). Cengage Learning.

# What to keep in mind when doing a genogram?

- ▶ Behavioral patterns that have occurred and recurred in a family system that persisted throughout generations
- ▶ Predominant cultural and spiritual beliefs
- ▶ Coping patterns used through generations

1. List the names of the client's family members for at least three generations with dates of birth and death (if applicable), cause of death, occupations, significant illness, and any substance abuse issues.
2. List important cultural/environment/contextual issues including ethnic identity, race, religion, economic, and social class factors. List significant developmental transitions and roles and life events such as divorce, trauma, loss, and so on.
3. Basic relationship symbols are shown as well as a sample genogram diagram.



**FIGURE 7.2 Sample Genogram**

Adapted from *Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society*, 7 ed., by A. E. Ivey, M. B. Ivey, & C. P. Zalaquett, p. 276. Copy

www.GenoPro.com <noreply@genopro.com>  
to me ▾

Tue, Sep 21, 4:42 PM (7 days ago) ☆ ↶ ⋮



Dear Professor Azilde Sanchez PhD,  
Welcome to the **GenoPro** Academic Program.

Your "Referrer ID" is: **Azilde.Sanchez**

Your Referrer ID entitles your students to fully use **GenoPro** at home for 180 days at no cost. Please notice your Referrer ID is valid for your lifetime - no need to apply again next semester.

For step-by-step instructions using your Referrer ID to request a 180-day evaluation key, you are welcome to visit <https://www.genopro.com/registration/academic/>.

Have a nice day!  
The **GenoPro** Team.

This email has been sent to: [azilde.sanchez@nyack.edu](mailto:azilde.sanchez@nyack.edu)  
<https://www.genopro.com/unsubscribe/>

**Name:**

Azilde Sanchez PhD

**Email:**

[azilde.sanchez@nyack.edu](mailto:azilde.sanchez@nyack.edu)

**Registration Key:**

3-5EZ3-NZ3G-W98N-TMP

Expiration: 20 Mar 2022

**Useful Links**

[My Account](#)

[Request/Lost Password](#)

 [Download GenoPro](#) 

[Privacy](#) | [Support](#) | [Search](#) | [Help](#) | [Contact](#)

Copyright © 1998-2021. All rights reserved. **GenoPro**® and the **GenoPro** logo are registered trademarks.

# References

- ▶ Cormier, S., Nurius, P. S., & Osborn, C. J. (2017). Interviewing and change strategies for helpers (8th Ed.). Cengage Learning.