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The term case study refers to both a method of analysis and a specific research design for examining a problem, both of which can be used to generalize findings across populations. A case study discusses an individual, location, occurrence, phenomena, or other form of investigation topic in order to understand key patterns and findings that can be used to forecast future developments, highlight previously unknown problems that can be put to reality, and/or provide a means of better understanding a relevant research problem. A case study typically focuses on a particular topic, but it may also be structured as a comparative study that demonstrates relationships between two or more topics. In exploratory science, case studies are often used. They might be able to assist us in generating fresh ideas. They are a useful tool for explaining myths and for demonstrating how various facets of a person's existence are linked. Case studies enable a study to explore a subject in much greater depth than would be possible if they were attempting to average data from a large number of participants. Case studies, because of their in-depth, multi-faceted approach, also shed light on facets of human reasoning and action that would be immoral or impossible to investigate in other ways.