

CONCEPT MAP

Nursing Dx: Pain Management Due to Post-Op colectomy

Expected Outcome: Pt will be pain free and comfortable by the end of my shift.

Past Medical History

Hyperlipidemia
Hypertension
Glaucoma
Diabetes Type 2
CAD-Coronary Heart Disease
CKA-Chronic Kidney Disease
Prostate Cancer

Nursing Dx: Risk of Pneumonia post-surgery

Expected Outcome: Education of Incentive Spirometer by the end of my shift.

Interventions

1. Monitor Vitals Hr./BP
2. Give pain medication as needed
3. Check on Pt periodically for pain.

Evaluation: Pt will be pain free and as Comfortable as possible by End of my shift

Nursing Dx: Risk for infection due to abdominal surgical site

Expected Outcome: Pt will remain free of infection by the end of the shift.

Interventions

1. Assess wound every two hr
2. Educate Pt on wound care Post-Op
3. Clean Wound as needed
4. Check periodically for redness or Edema

Evaluation: Goal was met Pt was free of infection by the end of my shift.

Medical Diagnosis & Assessment

Prostate Cancer

Pt is a 73-year-old male underwent initial colonoscopy & EGD for anemia which found a nearly Occlusive mass in the transverse colon. Followed by a Lab Subtotal Colectomy. HR-78. BP-168/82, RR-17, O2-97%, Temp-37.1

Medications

Heparin Injectable-5000 unit-q.8.h
Simvastatin-40mg- P.O, h.s
Amlodipine Tab-10mg p.o., q.1.d
Pantoprazole-40mg-I.V push
Insulin lispro-subQ, a.c., h.s

PRN

Hydromorphone- 0.5 mg IV push q.4.h

Meds Drip

Dextrose 5% + sodium chloride
0.45% 1000ml IV infuse over 7.69 Hr

Interventions

1. Monitor vitals/ RR, O2.
2. Assess lungs periodically.
3. Educate on importance of Spirometer.

Evaluation: Pt fully understands the the importance/ how to use the Spirometer by the end of my shift.

Nursing Dx: Impaired bowel movement due to abdominal Colectomy of transverse colon

Expected Outcome: Patient will empty out bowels before without difficulty by the end of shift.

Interventions:

1. Ambulate Pt if possible.
2. Keep Pt hydrated with I.V fluids
3. Bowel rest with nothing to eat (NPO)