

## READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

Student Name: Chidinma Umeh

With integrity, I have read this book (circle one): Thoroughly and Entirely—**100%**

Read weekly

Quickly but Completely—100%

Thoroughly but NOT Entirely— \_\_\_\_\_%

Quickly and NOT Completely— \_\_\_\_\_%

Not at all

Signed: \_\_\_\_\_ C.U. \_\_\_\_\_

- 1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

On page 79, the author had asked her readers, “Who is in your community that you trust?” I remember taking a long pause to sit there and think about it. I have come across so many people I call best friends, but when it was time to think about who I trusted, I couldn’t even come up with four people. God used that passage to help me rethink certain friendships and people I kept around that were hindering my relationship with the Lord. In the end, it really took me apart because I had to cut so many people in my life, some I’ve even known for years

- 2). Where did you agree most with the author? Disagree most?

In the beginning of this class, the thing I disagreed with the most was how the author stated that those who are close to God are the ones who are desperate for him. At the time, I was going through a drought, and no matter how hard I tried, I realized that I was not trying as hard as I thought I was. From the beginning of week 1 to now, I realized that the author was correct. I just had not come to the full understanding.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

The key spiritual truth that I took from this book is that ongoing choices of engaging in harmful activities can produce life-threatening results that make a recovery difficult. I am integrating it into my mind & spiritual life by using it as a daily reminder before making decisions in my life. I have engaged in evil things in the past, and I had seen the effect it had on my life and thought process. This quote will be a daily reminder of why I don't want to go back to doing harmful activities; it will make me think about my actions before pursuing anything I do