

CASE PRESENTATION FORM**Name Presenter:** Joselouita Joint**Section:** GCN 792

Date of Presentation: 3/24/2021 Date of First Session: 2/1/2021 (Eight sessions as of 3/23/2021) Transferred client. She is aware that the sessions will be brief as this writer's last day at the internship site is May 4th, 2021.

Agency Setting: Hospital: inpatient outpatient Rehab Church Mental Health Clinic School Shelter**Social Service Agency** X Remote, once a week, via telephone communication (this writer proposed to have the meetings conducted via zoom or another video conferencing platform, but the client refused). She specified that she does not like to be seen on video all the time). Community Center Probation/Legal

Restore NYC: Restore NYC is a nonprofit, faith-based organization that exists to end sex trafficking in New York City and to restore the wellbeing of the survivors. The clients served are nationals and foreign women victims of sex and labor trafficking. At Restore NYC, the services provided are Case management, counseling, job placement, and housing assistance.

Case managers: help linking the clients to services and resources that are not available at Restore. For instance, shelter, lawyer, and medical services)

Counseling**Job placement:** Entrepreneurship training

Housing assistance (help client pay their rent monthly and cover rental arrears). Safe home (placement is there for those who need immediate housing help, for example, trauma victims who do not feel safe in their residence or neighborhoods and need a place to be safe from their traffickers.)

DEMOGRAPHICS:FIRST NAME: LilianeGender: Female Ethnicity: Jamaican Primary Language: EnglishMarital Status: Single # of Children: 1 DOB: 12/26/1971 Age: 46

PRESENTING PROBLEM (What brought the client to seek counseling? What immediate STRESSORS brought the client here? What does the client hope to accomplish through counseling?):

She moved to Restore safe home in 2020 to escape from her trafficker, with whom she lived. She met him online (African American) in 2007 and fell in love with him. He promised her that after he helps her migrating to the U.S., he will marry and help with her legal documents. However, she disclosed that when she relocates to this country, the U.S., it was not as she expected. Instead of helping her as he promised, he introduced her to the commercial sex industry. He forced her to have sexual intercourse with different men. She stated that as she did not have any family or

friends in the U.S. she could resort to, she was obliged to do as he said. However, she reported that she always thought of escaping someday. She stated that her trafficker took her to different states to satisfy male customers. She mentioned that she had other traffickers besides the men who brought her to the U.S. She was paid a low salary for the services rendered (sexual pleasure). She was sexually trafficked from 2011 to 2020.

PSYCHIATRIC HISTORY (*List ALL five Axis diagnoses. Has the client received counseling in the past? How long has the client been in counseling? Why did the client enter treatment and why did s/he leave treatment? How long has it been since the last counseling relationship? Is the client on psychotropic meds? Has the client ever attempted suicide?*) :

She reported a previous diagnosis of depression. She is not currently taking any psychotropic medication.

Before this writer, she worked with another counselor at Restore for more than a year.

SPIRITUAL HISTORY (*Is the client a believer? What is the client's church background? What is the client's view toward God? In your opinion [please back it up with examples] how has the client's relationship with his/her parents effected his/her view and experience of God, of Jesus and of the person of the Holy Spirit? Is the client open to you working with him/her spiritually? Does the client want you to work with him/her spiritually?*):

In the clinical counseling intake, she reported that she is a born-again Christian. In one of our meetings, she mentioned that she is affiliated with a Christian church and oversees many spiritual activities in that church.

CULTURAL, FAMILY & SOCIAL HISTORY (*What might be the interplay between the client's culture and his/her present situation? Was there any abuse or trauma in the family? How well adjusted is the client to his/her environment? Does the client have sufficient support network? Who are his/her supports? How are the client's interpersonal relationships in general?*):

She does not have any family in this country. She has a 30-year-old daughter who resides in another country (not Jamaica). She opted not to disclose her daughter's country of residence. During the intake assessment, she revealed that she is part of a large family. She stated that she does not have a good relationship with her father and siblings. She preferred not to disclose more about her relationship with her father. However, she reported that her family makes her feel guilty for not sending money home, even though she is not working.

She does not have a harmonious relationship with the agency's staffs she is currently working with. Namely, her case manager, safe home manager, and employment specialist). Besides, she does not get along with her roommate. Throughout her enrollment in services at Restore, she had had several case managers. She reported that she interrupted counseling services with her

previous counselor due to trust issues. According to the client, she only did what the counselor commanded her to, but she did not trust her. She also mentioned that the counselor believed that some comments she made (racial) were geared toward her.

She revealed in the first counseling session that she does not confide in anyone, including this writer. She bluntly said that this writer must earn her trust.

Additionally, in the initial meeting, she did not provide her verbal consent to the confidential section of the informed consent form, read to her by this writer. She noted that time would tell if the information disclosed in the counseling sessions will be kept confidential.

EGO STRENGTHS AND WEAKNESSES (What are your client's strengths/assets and weaknesses?):

Strengths: Strong, punctual, and knows her priority.

Weaknesses: Combative, challenging/not easy to work with, dependent (Expect people to help her with everything and believe that people are being paid to help her).

TRANSFERENCE ISSUES (Please give examples to back up your hypothesis):

The client mentioned that she wants this writer to be her case manager instead. She does not like her current case manager and believes that her case manager is being paid to help her but is not.

COUNTERTRANSFERENCE ISSUES (Please give examples to support your hypotheses, indicate both objective and subjective countertransference issues):

Objective countertransference remarked.

The client, at times, evokes feelings of frustration in this writer. She is more likely will be transferred to another agency to continue counseling services when this writer's contract with the agency ends in May. Her rapport with most counselors she has worked with at the agency was injurious.

COUNSELING GOALS (Agreed upon between you and the client):

In the first session, she stated that she does not have any goals she desires to work on.

She, nonetheless, indicated that, during her stay at the agency, she would like to obtain as much help that she can.

ADVOCACY AND SOCIAL JUSTICE CONCERNS: I spoke to my clinical supervisor about the client's housing situation. She was given one month to leave the safe home yet, did not have a confirmed place, apartment, or shelter, to transition to. Following this writer's commune with the clinical supervisor, the client's stay at the safe home was elongated. She can remain there until June 1st of this year. Initially, she had until March 1st, 2021, to move.

INTERFACING WITH THIRD PARTY PROVIDERS:

Besides the services she is obtaining at restore (case management, counseling, and job assistance) she is working with a lawyer who is helping her with her immigration status. The application for a T-visa has been submitted.

PROGRESS SO FAR (What have you and the client been able to work on so far? How are you doing in *working with* the client's transference? What goals still need to be worked on?):

In one of the conducted counseling sessions, she was asked if she would like to share her trafficking experience with this writer, she said no. Unexpectedly, in our most recent counseling session (3/23/2021), she openly shared her sex trafficking history.

CONSULTATION QUESTION (What would you like the class to help you with today?):

- 1) How can I work with the client in attaining self-efficacy and utilizing her strengths to work on her immediate needs?

Interventions used:

- 1) Strengths-based therapy
- 2) Motivational interviewing,
- 3) Acceptance commitment therapy (ACT)
- 4) Psychoeducation
- 5) Person-centered therapy
- 6) Cognitive behavior therapy (CBT).