

Learning Experience #2: Assessment Paper

My Dominant Childhood feeling is Insecure. However, to be more specific, it falls under abandonment. When I was reading through the list and trying to number each category, something pierced through my heart when I read the word 'abandonment'. I realized as a child, I did feel abandoned by my parents. Because of the constant fighting and never being happy with each other, without me knowing, I felt neglected. Because of this abandonment, my adult phobia became fear of failing to be seen as an adult. I put on a mask and had to act certain way so that I can prove myself. I had this fear that if I don't act like a 'real man', people will leave me or not accept me.

Dominant emotional need is feeling appreciated. I always desired for others to appreciate me when I do things for them. I never felt loved or appreciated as a child. Because of this, I long for the feeling of being 'wanted' and feeling loved. It's really interesting because I feel that this also reflects with the way I support missionaries. Whenever I support a missionary, if I don't feel appreciated, I lose the desires to support them. However, I know this is a completely wrong heart and intentions. I should not support because I feel appreciated, but because I trust God that they will use the money for His kingdom.

Because I felt weak and lonely growing up, I have a huge heart for those people went through the same struggles. This is my surest and safety style and greatest single strength. When I received a calling to be a pastor, God also spoke to me about building an orphanage. To care for the fatherless and motherless became also my calling as well. We are currently

planning to adopt a child. I believe this is from God's heart but also because of what I went through.

Lastly, my back up style is withdrawing or avoiding situations. I believe I was traumatized by my parents constantly fighting. Some were verbal and some were physical. When the fights got physical, my dad would throw any objects around him. I didn't know what to do as a child. My older brother would instantly go up to his room while I was in the living room listening to them. I felt helpless. After these incidents, I realized I never want to be in a situation where it's uncomfortable. I want to run away and my mind blocks out anything that tries to harm me. My wife was able to help me process and understand why I was going through this.

Everything tied on to my childhood experience as I went through Spiritually Emotionally Healthy. I was able to recognize that I judged so many Christians and Churches throughout my walk with God. This was because I felt this false value in what I did for God. As a child of God, I 'earned' Father's love. Therefore, I put myself highly than other believers. I would especially do this to those people in the leadership positions. I would question their faith and why they are not doing the way they should.

This built a wall and my pride became the sin that hindered my relationship with God. I would pray that He would help me be humble while I was being prideful and judging other leaders. Also, when things do not go right in the ministry, I would subconsciously blame others. I never knew this was the defensive maneuver to protect myself from pain. I would catch myself blaming the leaders for congregants not growing spiritually. However, I realized I needed to grow first and really understand that I am spiritually unhealthy.

I was able to understand my spiritual gifts in more deeper level. Although one of the website did not work, Kodachrome was enough for me to get glimpse of what God had given me. My three spiritual gifts are Helps, Giving, and Healing. I truly enjoy this because I genuinely feel fulfilled when these three gifts are active. I can sense God giving me supernatural joy and peace whenever I help, give, or heal by the power of Holy Spirit. It makes sense because I have volunteered in different organizations because I sincerely wanted to help. People didn't understand but I knew it was not about recognition or praise.

Before taking Learning Modalities assessment, I guessed that I would be more on the visual side. However, my scores were Visual - 3, Auditory - 5 and Tactual - 2. What's interesting is that I believe quarantined life allowed me to be more auditory. Since last year, I have been listening to more podcasts, news through audio, reading books through audible, and listening to bible apps. This allowed me to see that I learn better by listening. It's hard for me to believe this because for so many years, I was a visual person. I understood and learn visually.

Finally, in my Enneagram, I am Type 2: The Helper, Type 4: Individualist, and Type 7: Enthusiast. As for the helper type, I do agree that I get along with people well. I try to think about other people's feelings and be sensitive to them. However, because of this, I have hard time saying no. Even at my work, I go through many tasks because I rarely say no to people. This is the area where I need to grow in. This is similar with being Individualist. I try my best to be supportive to all my friends and my loved ones. I want to see them grow and want the best for them. However, I go through days where I am feeling low which is what it says under Individualist: "experiencing dark moods of emptiness and despair" I always think this is

spiritual. I believe some days, it is spiritual but majority of the days I experience this isn't spiritual.

All of these assessments were most definitely helpful. I would highly suggest that every Christian go through the book "Why you do what you do". This book reveals so much about yourself and brings healing and transformation. Being aware of myself helps me lower my pride and find areas where I need to work on. As I spent time with God while reading different books for this class, He assured me that I am on the right track and He will help me go through the process of healing.

I plan to use these tests and resources for the youth students and teachers. These are great tools for us to know and find deeper intimacy with the Lord. This will also bring unity and closeness as each student share their struggles and pain from the past. It will not be easy but I pray that God will give me wisdom to mediate and help them through the healing.