

ASSESSMENT OF SEXUAL DISORDERS

[The S.O.U.R.C.E. Model]

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S. SCAN	<i>What is the problem?</i>	1) Desire 2) Arousal 3) Orgasm 4) Pain
O. ONSET	<i>When did the problem start?</i>	1) Lifelong (sexual life) 2) Acquired (shifted from before) (when)
U. UNIVERSALITY	<i>Where does the problem occur?</i>	1) Generalized 2) Situational
R. RESPONSE	<i>How does the client ^{+ partner} respond?</i> Brain is biggest sexual organ	1) Cognition thought 2) Affect schema 3) Behavior = how do you handle it b4, during, after
C. COURSE	<i>How has the problem progressed?</i>	1) Frequency 2) Triggers 3) Exceptions
E. ETIOLOGY	<i>Why is the problem here?</i>	1) Individual Factors 2) Interactional Factors 3) Intergenerational Factors

WHAT is the problem ???

S. TAGE

DEC-R: General Q: "How is the sexual part of your life?" / First Q: "What is the problem as you see it?" / Third Qs:
Exploring stages of sex dysfunction]

1. *Desire*
2. *Arousal*
3. *Orgasm*
4. *Pain*

WHEN did this problem originate?

O. NSET

DEC-R: Second Q: "How long has this problem been present?"
Lifelong (primary) _____ *Acquired (secondary)*

With **WHOM** does this problem occur?

U. NIVERSALITY

Generalized (global) _____ *Situational (specific)*

HOW does the client respond to this problem?

R. ESPONSE

- **Cognition**
 - ~ *What does the problem mean to each?*
 - ~ *How does each one understand its cause?*
- **Affect**
 - ~ *How does he/she feel about the problem?*
 - ~ *How does he/she feel about each other amid the problem?*
- **Behavior**
 - ~ *What is done at the moment when the problem is manifest?*
 - ~ *What has been done to cope with the issue?*

HOW has this problem developed?

C.OURSE

- **F.requency** - of sex; of the problem
- **I.nitiation** - of sex; issues of co-morbidity
- **S.atisfaction** - of sexual experience with and without the problem
- **H.istory** - when this problem occurred (related events) and how it has progressed
- **E.xceptions** - when is the problem not a problem?
- **S.caling questions** - to evaluate the above

E. TIIOLOGY

WHAT is the etiology (cause) of this problem?

- **Individual**

- ~ biological issues:

physical illness, hormones, medications; recreational drugs; fatigue; masturbation
[DEC-R: Third Qs: Exploring masturbation (past/present) / Forth Q: "What health issues may be complicating the sexual issues?"]

- ~ psychological issues:

anxiety; depression; fear; unresolved anger; misc. mental illness; guilt/shame

- ~ addictions/abuse issues

~ pornography; affairs; physical abuse; sexual abuse, etc.

[DEC-R: Third Qs: Exploring unwanted sexual behaviors]

- ~ identity issues:

self-image; body image; personality (MBTI); ethnicity; faith; sexual orientation,
low differentiation

- **Interactional**

- ~ couple dynamics:

communication; intimacy fears; conflict avoidance; commitment level; anger management; trust level; "fun factor"; unresolved past issues, fusion, etc.

- ~ family dynamics:

family stress; coalitions; boundary issues, fusion-cutoff

- **Intergenerational**

- ~ generational legacies related to sexual function; intimacy loyalties; etc.