

## Sexual Autobiography Paper Rubric

Criteria	Comments	Points
APA 7 <sup>th</sup> Edition Format, 7-8 pages, double-spaced		/5
Sexual legacies, rules and patterns about general sexual issues (e.g. sexual communication, education and joking; nakedness and privacy, physical affection, sexual affection, sexual boundaries, clothing modesty; masturbation, pornography, etc.)  How does your ethnicity influence these rules and legacies?		/25
Early sexual messages about your gender and sex; History of puberty – how was it charged? Major sexual influencer (e.g. family, church, media, friends, school, pornography); dating and sexual history tracking first crush; first kiss; first sexual experience – how was it charged?		/25
<i>Spirituality of Sexuality – your family legacy of this issue and your own perspectives and convictions (i.e. sexual value system)</i>		/20
Sexual Therapy – How does your sexuality autobiography position you in positive and/or negative ways when conducting sex therapy? What is your comfort level with sex therapy? Do you envision sex therapy as part of your clinical work? Why or why not? If so, how much or how little? If so, how will you intentionally bring up the topic of sex if the client does not?		/25
<b>Total</b>		<b>/100</b>

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