



Week 1

Anderson Yoon, DSW, LCSW-R, CASAC, RPT-S

Instructor: Anderson Yoon, DSW, LCSW-R, CASAC, RPT-S, ACT.

Dr. Yoon has 20 years of experience in clinical social work and psychotherapy. He is a Licensed Clinical Social Worker (LCSW-R), Credentialed Alcoholism and Substance Abuse Counselor (CASAC), Certified Cognitive Behavior Therapist and Diplomate (Academy of Cognitive Therapy), and Registered Play Therapist –Supervisor (RPT-S).

He earned his doctorate in clinical social work from the University of Pennsylvania and his MSW from the Silberman School of Social Work. He earned two bachelor's degrees in social work from Yonsei University and urban planning from Cheong Ju University in South Korea. He also completed the one-year global clinical scholars' research training program at Harvard Medical School. Currently, he is studying for a master's degree at University of Oxford.

Currently, Dr. Yoon is an assistant professor of social work at Nyack College School of Social Work. In addition, he is the clinical head and the vice president of Integrated and Value-Based Care of The Child Center of NY. Dr. Yoon also owns a private practice, Yoon Behavioral Health Center.

Welcome

Introduction (Name, Internship Placement, Career Goal)

Review syllabus

Reflection

Group Discussion

Reflections



(Source: ABC)

Group Discussion

- Read the preface, *Social Work Practice with Families: A Resiliency-Based Approach*
- Discuss your (or your client's) experience of resiliency
- What is resiliency?
- Why do we focus on the resiliency-based approach in helping families?

Q & A