

GCN 710.OA: Counseling Issues & Human Sexuality

Spring 2021

Wednesdays/7-9:00 PM Online

COURSE INSTRUCTOR: Dr. Anna Flores Locke
CONTACT INFORMATION: Email: anna.locke@nyack.edu, 201-746-0264
APPOINTMENT INFORMATION: Office: online only via Zoom or Google Meet
 Open Virtual Office Hours: Mondays - Wednesdays between 1 - 6 PM
Please request all other appointments in advance.

REQUIRED TEXTS: Carroll, J.L. (2015) Sexuality Now: Embracing Diversity, (5th ed.). Wadsworth Publishing, Belmont. ISBN: 978-1-305-25337-7

OTHER RESOURCES: see e360

CATALOG COURSE DESCRIPTION:

An overview of physiological, psychological, and sociocultural variables associated with sexual identity and sexual behavior. An introduction to the diagnosis and treatment of sexual disorders. This course is designed for counseling professionals who work with clients who experience problems and concerns with sexual issues. This course provides a broad base of information in human sexuality, addresses various sexuality issues and concerns, and provides an opportunity to increase awareness of one's personal perceptions, attitudes and affect regarding sexuality issues. 3 credits

This course is housed within the Alliance Graduate School of Counseling and the Department of Mental Health Counseling. This course is overseen by Dr. Antoinette Gines-Rivera, Director, Alliance Graduate School of Counseling, Nyack College, Manhattan Campus.

STUDENT LEARNING GOALS:	Assignment* Measuring Goal Attainment:	Other Alignments	
		Core / Skill	Dept / Prg
1. The student will identify and discuss many facets of human sexuality and promotion of healthy knowledge and attitudes in relation to sexuality in both preventive and intervention.	Assigned Readings Relevant Podcasts/ Trainings/Webinar Quizzes		Inspiring and equipping students worldwide for ministerial, educational, and community-building professions in their part of the world. (Corresponds to Nyack Core Value "Socially Relevant")
2. The student will identify and process ways to desensitize to the issues related to human sexuality which historically has been a taboo topic in our society and to understand the	Complete the Brief Sexual Attitude Scale (BSAS). Assigned Readings		Leveraging a diverse set of virtual tools to promote an

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

<p>impact of culture on sexuality attitudes and behaviors.</p>	<p>Relevant Podcasts/ Trainings/Webinar</p> <p>Quizzes</p> <p>Sexual Autobiography Paper</p>	<p>academically challenging and rewarding environment. (Corresponds to Nyack Core Value "Academically Excellent")</p>
<p>3. The student will develop and improve clinical interviewing, assessment and counseling skills related to sexuality issues.</p>	<p>Complete an assessment on a mock case and submit a report.</p> <p>Role Plays with mock case</p>	<p>Leveraging a diverse set of virtual tools to promote an academically challenging and rewarding environment. (Corresponds to Nyack Core Value "Academically Excellent")</p>
<p>4. The student will identify and reflect on their own sexuality and the impact this has on their own life, both as an individual and in an intimate relationship.</p>	<p>Discussion post #1</p> <p>Sexual Autobiography Paper</p>	<p>Leveraging a diverse set of virtual tools to promote an academically challenging and rewarding environment. (Corresponds to Nyack Core Value "Academically Excellent")</p>
<p>5. The student will identify and express an awareness of role and function of mental health counselors in the assessment and treatment of sexuality issues in counseling practice with individuals and couples.</p>	<p>Assigned Readings</p> <p>Class discussions</p> <p>Discussion posts</p> <p>Quizzes</p> <p>Sexual Autobiography Paper</p>	<p>Leveraging a diverse set of virtual tools to promote an academically challenging and rewarding environment. (Corresponds to Nyack Core Value "Academically Excellent")</p>
<p>6. The student will demonstrate a knowledge of the assessment, diagnosis and treatment of sexuality related concerns in counseling including the paraphilia, sexual dysfunctions and relationship issues.</p>	<p>Assigned Readings</p> <p>Class discussions</p> <p>Relevant Podcasts/ Trainings/Webinar</p>	<p>Leveraging a diverse set of virtual tools to promote an academically challenging and</p>

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

	Quizzes Case study paper		rewarding environment. (Corresponds to Nyack Core Value "Academically Excellent")
The above student learning goals are aligned with the institutional core academic goals and skills and the department's and/or program's goals stated in the college catalog (https://www.nyack.edu/site/nyack-catalog/). Attainment of goals is evaluated by the identified assignments.			
*Assessments primarily serve as measures of individual student growth and goal attainment. Secondly, samples of student work and/or evaluations of student work may be used by the School/Department and Institution for improving student learning and as evidence of program effectiveness. Care will be taken to protect student identity.			

ASSIGNMENT DESCRIPTIONS:

All due dates and times are listed in Eastern Standard Time (EST).

1. Assignment

- **Attendance/Participation/Surveys (5% of final grade)**
The primary methods of learning in this class include completing surveys (Brief Sexual Attitude Scale, Sex Inventory Worksheet, etc), peer discussions and role plays, and in class activities with seven two hour synchronous meetings on Wednesdays (7:00 – 9:00 p.m. EST) starting Wednesday, 01/20/2018 through Wednesday, 04/28/2018. The other seven classes will be asynchronous and require online assignments.
- **The grading criteria are:** (1) one excused absence (need to send an email to the Instructor before class on the reasons for the absence) during the course will be permitted (there will be a loss of points). (2) However, the second absence will constitute a considerable lower grade and a third absence will constitute excessive absences and a non-passing grade. (3) If the computer you are using does not have a working internal or external microphone, at all times, by the first synchronous session you will need to drop this course.

2. Assignment

- **Discussion Posts (25% of final grade)** Discussion board questions are provided to enhance and deepen the student's understanding of the topic. Follow the Discussion Post format: The minimum required word count is 150-200 words and follows APA format. Quotes and references to course materials are strongly encouraged to demonstrate proper application of the course contents.
- **The grading criteria are** (1) complete responses correctly addressing the discussion question with citations receive 3/3 credit.

3. Assignment

- **Quizzes (20% of final grade)** open book quizzes will come from the required readings.
- The grading criteria are 1: there will be 6 quizzes in total (as per the course calendar), and the one lowest grade will be dropped. There will be 20 multiple choice questions on each quiz, and students will have 50 minutes to complete the quiz.

4. Assignment (25% of grade)

- **Sexual Autobiography Paper* (7-8 pages, double-spaced, APA format): This paper gives you an opportunity to explore your relationship to sexuality. Consider the following as you write this paper:**
- Sexual legacies, rules and patterns about general sexual issues (e.g. sexual communication, education and joking; nakedness and privacy, physical affection, sexual affection, sexual

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

boundaries, clothing modesty; masturbation, pornography, etc.) How does your ethnicity influence these rules and legacies?

- Early sexual messages about your gender and sex; History of puberty – how was it charged? Major sexual influencer (e.g. family, church, media, friends, school, pornography); dating and sexual history tracking first crush; first kiss; first sexual experience – how was it charged?
- *Spirituality of Sexuality – your family legacy of this issue and your own perspectives and convictions (i.e. sexual value system)*
- Sexual Therapy – How does your sexuality autobiography position you in positive and/or negative ways when conducting sex therapy? What is your comfort level with sex therapy? Do you envision sex therapy as part of your clinical work? Why or why not? If so, how much or how little? If so, how will you intentionally bring up the topic of sex if the client does not?

*** Clinical disclaimer: please be mindful of your mental health during this process, if this paper triggers early unresolved sexual trauma, seek the support of a helping professional and omit that information from the paper. As always, please email the professor with any concerns that may arise from this assignment, and she will accommodate your needs to support your success.**

5. Assignment (25% of grade)

- Case study paper: The student will demonstrate a knowledge of the assessment, diagnosis and treatment of sexuality related concerns in counseling including the paraphilia, sexual dysfunctions and relationship issues. By using a case study, the student will address the following:
 - o Description of the appropriate assessment tool and/or interventions chosen to decide on a clinical diagnosis for the presenting problem in the case study.
 - o Explain the diagnosis of the person/couple presented in the case study.
 - o Describe 1-3 treatment options for this person/couple in the case study.
- a. 3-5 pages, double-spaced, following 7th edition APA format
- b. No title page or abstract need
- c. Include reference page for in-text citations
- d. Can be written in 1st person

GRADING COMPOSITION AND SCALE:

Grades for this class are calculated for each category of grading. Each category is assigned a percentage of the total grade. The course grade is based on the following components:

- Online Class Attendance/Participation/Surveys..... 5%
- 7 Discussion Board Questions..... 25%
- 6 Quizzes..... 20%
- Sexual Autobiography Paper..... 25%
- Case Study Paper..... 25%

As outlined in the catalog, all grades are calculated based on the following scale of Letter Grade/Percentile Equivalents:

A	A-	B+	B	B-	C+	C	C-	D+	D	D-	F
93-100%	90-92%	88-89%	83-87%	80-82%	78-79%	73-77%	70-72%	68-69%	63-67%	60-62%	0-59%

Care should be taken to perform at one’s best in each class. Minimum course, program, and institution grade requirements are outlined in the college catalog (<https://www.nyack.edu/site/nyack-catalog/>), falling below which may affect timely degree completion and/or financial assistance.

CARNEGIE UNIT ACCOUNTABILITY

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

In order to demonstrate accountability to reach the student learning goals listed above, this course holds to a professional academic standard known as the Carnegie Unit. This impacts the amounts of reading, "seat time" (instructional time), and outside work assigned. Standardized expectations are 45 hours of instructional and homework time per credit (**135 hours of instructional and homework time for a 3-credit course**). Accreditors and the US Department of Education have set these standards so as to assure that students receive a fair education.

The estimated instructional and homework hours for this course, by category, are as follows:

Type of Work	Hours
Required Reading	35
Quizzes (Studying and Taking)	25
Research	20
Writing Assignments	30
Other Assignments	25
Total Homework Hours	135
Total Hours	

COURSE OUTLINE AND CALENDAR

All dates and times are listed in Eastern Standard Time (EST).

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

Week 1	Overview
January 20 ZOOM 7-9 PM	<ul style="list-style-type: none"> • Introduction • Syllabus Review • Course Overview
	Activities, Assignments and/or Exams <ul style="list-style-type: none"> • Read Syllabus (Due: 01/20) • Familiarize with course on e360 (Due: 01/20)
Week 2	Overview
January 27 ZOOM 7-9 PM	<ul style="list-style-type: none"> • Exploring Human Sexuality: Past and Present
	Activities, Assignments and/or Exams <ul style="list-style-type: none"> • Read Carroll Chapter 1 (Due: 01/27) • Sexual Autobiography Paper (Due: 02/01 @ 11:59 EST)
Week 3	Overview
February 03 ASYNCHRONOUS	<ul style="list-style-type: none"> • Understanding Human Sexuality: Theory and Research
	Activities, Assignments and/or Exams <ul style="list-style-type: none"> • Read Carroll Chapter 2 (Due: 02/03) • Complete Quiz 1 over Chapters 1-2 (DUE:02/06 @ 11:59 EST) • Complete Brief Sexual Attitude Scale on e360 (Due: 02/06 at 11:59 PM EST) • Discussion Post # 1 (Due: 02/08 at 11:59 PM EST)
Week 4	Overview
February 10 ZOOM 7-9 PM	<ul style="list-style-type: none"> • Communication and Sexuality
	Activities, Assignments and/or Exams <ul style="list-style-type: none"> • Read Carroll Chapter 3 (Due: 02/10) • Read Case Study and Discussion Post #2 (Due: 02/15 at 11:59 PM EST)
Week 5	Overview
February 17 ASYNCHRONOUS	<ul style="list-style-type: none"> • Gender Development, Gender Roles, and Gender Identity
	Activities, Assignments and/or Exams <ul style="list-style-type: none"> • Read Carroll Chapter 4 (Due: 02/17) • Complete Quiz 2 over Chapters 3-4. (Due: 02/20 @ 11:59 pm (EST). • Discussion Post #3 (Due: 02/22 @ 11:59 pm (EST))
Week 6	Overview
February 24 ZOOM 7-9 PM	<ul style="list-style-type: none"> • Female and Male Sexual Anatomy and Physiology
	Activities, Assignments and/or Exams <ul style="list-style-type: none"> • Read Carroll Chapters 5-6 (Due: 02/24) • Quiz # 3 (Due: 03/01 at 11:59 PM EST)
Week 7	Overview
March 03 Asynchronous 7-9 PM	<ul style="list-style-type: none"> • Love and Intimacy
	Activities, Assignments and/or Exams <ul style="list-style-type: none"> • Read Carroll Chapter 7 (Due: 03/03) • Case study report (Due: 03/15 at 11:59 PM EST)
Week 8	Overview

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

<p align="center">March 17 ZOOM 7-9 PM</p>	<ul style="list-style-type: none"> • Childhood and Adolescent Sexuality & Adult Sexual Relationships <p>Activities, Assignments and/or Exams</p> <ul style="list-style-type: none"> • Read Carroll Chapter 8-9 (Due: 03/17) • Explore the Association for Counseling Sexology and Sexual Wellness website (ACSSW) (Due: 03/20) • Read the Fall 2020 ACSSW Newsletter and Discussion Post # 4 (Due: 03/22)
<p>Week 9</p>	<p>Overview</p>
<p align="center">March 24 Asynchronous 7-9 PM</p>	<ul style="list-style-type: none"> • Sexual Expression & Sexual Orientation <p>Activities, Assignments and/or Exams</p> <ul style="list-style-type: none"> • Read Carroll Chapters 10-11 (Due: 03/24) • Explore the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities Website (SAIGE) (Due: 03/27) • Read the SAIGE Competencies and Discussion Post # 5 (Due: 03/29) • Listen to Podcast LGU003: Uniting the Social, the Sexual, and the Spiritual Divide (Due: 03/29)
<p>Week 10</p>	<p>Overview</p>
<p align="center">March 31 Asynchronous 7-9 PM</p>	<ul style="list-style-type: none"> • Pregnancy and Birth & Contraception and Abortion <p>Activities, Assignments and/or Exams</p> <ul style="list-style-type: none"> • Read Carroll Chapters 12-13 (Due: 03/31) • Additional assignments posted on e360 (Due: 04/05)
<p>Week 11</p>	<p>Overview</p>
<p align="center">April 7 ZOOM 7-9 PM</p>	<ul style="list-style-type: none"> • Challenges to Sexual Functioning <p>Activities, Assignments and/or Exams</p> <ul style="list-style-type: none"> • Read Carroll Chapter 14 (Due: 04/07) • Quiz #4 (Due: 04/12) • Read articles provided on e360 (Due: 04/07)
<p>Week 12</p>	<p>Overview</p>
<p align="center">April 14 Asynchronous 7-9 PM</p>	<ul style="list-style-type: none"> • Sexually Transmitted Infections and HIV/AIDS <p>Activities, Assignments and/or Exams</p> <ul style="list-style-type: none"> • Read Carroll Chapter 15 (Due: 04/14) • Quiz # 5 (Due: 04/17) • Discussion Post # 6 (Due: 04/19)
<p>Week 13</p>	<p>Overview</p>
<p align="center">April 21 Asynchronous 7-9 PM</p>	<ul style="list-style-type: none"> • Varieties of Sexual Expression <p>Activities, Assignments and/or Exams</p> <ul style="list-style-type: none"> • Read Carroll Chapter 16 (Due: 04/21) • Listen to Podcast LGU004: Understanding ethical non-monogamy (Due: 04/26) • Complete the SAIGE online training (Due: 04/26) • Discussion Post # 7 (Due: 04/26)

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

Week 14	Overview
April 28 ZOOM 7-9 PM	<ul style="list-style-type: none"> • Power and Coercion & Sexual Images and Selling Sex
	Activities, Assignments and/or Exams
	<ul style="list-style-type: none"> • Read Carroll Chapter 17-18 (Due: 04/28) • Quiz # 6 (Due: 05/03)

COURSE POLICIES

- **Reasonable Accommodation:** Any student eligible for and requesting academic accommodations due to a disability is required to provide a letter of accommodation from the Office of Disabilities Support Services within the first six weeks of the beginning of classes.
- **Student Identity Verification and Privacy:** Student identity in the online course is verified via measures for online course enrollment (student name, matching institutional email address, and student ID#) and online course login (secure login and pass code via my.nyack.edu portal). Use of the Edvance360 Software and System is implemented and maintained in compliance with the Family Educational Rights and Privacy Act (FERPA), 20 U.S.C. § 1232g; 34 CFR Part 99, and assurances are provided that information protected by FERPA is secure from people unauthorized to use the System.
- **Attendance/Absence:** For online courses, instructors are to have 45 hours of instruction for every credit hour, which is demonstrated through the Carnegie Unit explanation in this syllabus. Attendance is taken once a week based on the student's interaction in the online course, as determined by threaded discussions, submitted papers, quizzes/exams, and/or synchronous class sessions. Attendance will be marked in the Faculty Portal for those students who have demonstrated participation based on that week's interaction in the course. Missing any class time is detrimental to students and should be avoided. Students, however, are permitted one hour of absence (excused or unexcused) for each credit hour before grading penalties are imposed.
Note: One excused absence (need to send an email to the Instructor before class on the reasons for the absence) during the course will be permitted (there will be a loss of points). However, the second absence will constitute a considerable lower grade and a third absence will constitute excessive absences and a non-passing grade. If you leave class early, arrive late, miss class, etc. and miss more than 1 hour of synchronous time your grade will be reduced from an A to an A-, from an A- to a B+, from a B+ to a B, etc. for each additional 1 hour of synchronous time you miss.
- **Late Assignments/Extensions:** It is expected that all assignments be turned in on time. Assignments turned in late will penalized ½ a letter grade. For example, if an A is earned and the paper is late, the student will receive and A-, instead. Assignments cannot be handed in past the last day of the class, unless an extension request was approved by the professor and filed with the Registrar's Office no later than the last day of the class (before final exams week begins—see *Extensions for Late Work policy in the college catalog*).
- **Make-Up Exams:** Students may not be absent from an announced examination period except for reasons beyond their control. In the event of an unavoidable absence, the student must arrange for a make-up examination with the instructor.
- **Academic Integrity and Plagiarism:** In a Christian college academic integrity is particularly important. Any student caught cheating or plagiarizing (the unacknowledged use of other people's words or ideas as though they were your own) will be subject to the penalties as *described in the plagiarism policy in the college catalog and student handbook*.
- **Academic Quality:** Remember that grades for assignments are based not only on the completion of the assignment but the **quality** of work produced. The higher the **quality** of skills and abilities demonstrated, in areas such as expression and depth of thought, organization, writing, research,

GCN 710.OA: Counseling Issues & Human Sexuality
Spring 2021

reporting, and observation, the higher the grade given to the assignment. All written assignments will be completed using the indicated style guide.

- **Style Guide for written work:** All papers are to be written in the APA format (6th Edition). All written assignments will be completed using the APA style (6th edition), Times New Roman 12 pt. font, doubles spaced and guidelines for notation guide. Templates will be on e360 for each written assignment.
- **Writing Center:** Because ALL Writers Need Feedback - The Writing Center is available to assist all students with writing for any classes. Peer Writing consultants, who are fellow Nyack College students and alumni, are trained to help with all stages of the writing process, from brainstorming to organizing to revising and editing papers. Plan well in advance to bring the assignment sheet, or a draft of the paper, and specific questions/concerns to any of the Center's locations. Students are also able to have access to online consultations through Google Docs via their nyack.edu email account. The Center's services are free. Students can drop in and work with a consultant or make an appointment through the website or by calling the Center. For more information about Writing Center services and locations, please visit the website: <https://www.nyack.edu/writingcenter/>
- **Communication with Instructor:** Nyack College email will be the primary mode of communication with students, unless specified otherwise. Please check your email regularly.
- **Grievance Procedure Policy:** Students who have a grievance relative to academic policies, grades given, or other academic judgments should first seek to resolve their complaints with the professor. If resolution is not reached, the matter may be directed to the department head or program director of the class in question. If this does not solve the problem, a formal complaint may be made in writing to the respective Academic Dean whose judgment is final. *See the full Grievance Procedure Policy posted in the college catalog.*
- **Discrimination (Title IX):** Sex and gender discrimination, including sexual harassment, are prohibited in educational programs and activities, including classes. Title IX legislation and College policy require the College to provide sex and gender equity in all areas of campus life. If you or someone you know has experienced sex or gender discrimination, sexual harassment, sexual assault, intimate partner violence, or stalking, we encourage you to seek assistance and to report the incident through resources available at www.nyack.edu/safetyandsecurity. Confidential assistance is available at the Student Counseling Center. Faculty are NOT confidential under Title IX and will need to share reported information with the Title IX Coordinator. For these and other policies governing campus life, please see the Student Handbook.
- **Electronic Devices:** It is expected that ALL electronic devices be MUTED during class time. Do not answer phone calls or text messages during class.
- **Withdrawal Date:** Withdrawal from a course is allowed until the class reaches the 75% mark of the course length. Withdrawal requires signatures on the Registrar's Course Withdrawal form and the process should be started well before the deadline. Financial implications and satisfactory academic progress implications provided by the financial aid counselor and the academic advisor should be considered during the Course Withdrawal form process.

SELECTED BIBLIOGRAPHY AND WEB RESOURCES: SEE E360 FOR LINKS