

GCN 792: Counseling Internship II  
Fall 2020

Live Supervision

Full Name of Intern Cassia Nelson Date 11/24/2020

**Instructions:**

1. Please complete this form after completion of live supervision.
2. Submit completed form to the Director of Clinical Internship and Field Placement.

**Direct Observation of Counseling Session:**

1. Duration of Session: 1 hour group
2. Type of Session (Ind, Family, Couple, Group): group
3. Direct Observation was completed:  Yes No
4. Method used to communicate with and thereby influence the work of the supervisee during the session: observation, supervision following the session

**Evaluation of Counseling Competencies:**

<i>Demonstrates ability to use basic techniques of counseling</i>	1 – Does Not Meet	2 – Developing	3 – Meets (regularly)
1. Able to reflect client's feelings (empathic listening)			✓
2. Able to ask open-ended questions			✓
3. Able to ask close-ended questions			✓
4. Able to sit with client in silence comfortably			✓
5. Able to use non-verbal skills accordingly (e.g., maintains good eye contact, sits comfortably)			✓
6. Able to verbalize observations to client			✓
7. Listens well (recalls client's verbalizations)			✓
8. Able to help client identify goals/aspirations for counseling			✓
9. Communicates both confidentiality and limitations of confidentiality to clients			✓

<i>Demonstrates professionalism</i>	1 – Does Not Meet	2 – Developing	3 – Meets (regularly)
1. Shows up for appointments on time			✓
2. Communicates with clients in timely manner (returns calls, leaves messages)			✓
3. Initiates and maintains communications with necessary mental health professionals (supervisor, agency staff, other members of treatment team, outside agencies as applicable)			✓
4. Maintains client confidentiality			✓
5. Complies with agency/site procedures			✓
6. Maintains cordial relations with agency/site co-workers/staff			✓
7. Maintains appropriate records			✓
8. Able to receive and use both positive and negative feedback from supervisors and peers			✓

GCN 792: Counseling Internship II  
Fall 2020

<i>Demonstrates advanced counseling skills</i>	1 -- Does Not Meet	2 -- Developing	3 -- Meets (regularly)
1. Able to attend to own processes and feelings			✓
2. Makes ethical decisions			✓
3. Able to conceptualize clients issues/difficulties effectively			✓
4. Demonstrates understanding of how culture and ethnic background affects the counseling process			✓
5. Demonstrates skill in conducting an intake interview (a mental status evaluation, a biopsychosocial history, a mental health history, a substance abuse history)			✓
6. Able to formulate an initial treatment plan			✓
7. Demonstrates flexibility (i.e., able to shift to crisis management if needed, able to interrupt client if needed)			✓
8. Able to advocate for client as needed			✓
9. Engages in actions/strategies to take care of self			✓

Any other comments related to clinical performance:

*Casia does a wonderful job planning and facilitating groups. She has a great rapport with staff and consumers.*

Supervisor's Signature *Denise Carey, LCSW*

Date *11/24/20*