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### Finding one's purpose

Many people try to find their purpose in life by thrill seeking, some climb Mount Everest, some skydive, some backpack across Europe. However, what does it mean to find purpose? Purpose is something tailored uniquely to every individual, but can possibly be boiled down to one formula. If individuals are to find their purpose in life, they must go through many endeavors. They must suffer through many problems to find solutions, & jump through many obstacles—they must overcome *something*.

Suffering leads to a make-or-break situation that sparks the direction one takes to find their purpose. Failure is a part of suffering, that will make one avoid going down a dark path again. This suffering is capable of triggering emotion, trauma that can stimulate as well as remind a person where he or she does not want to be. Emotional trauma can build up serious tension which can lead to breakthrough as well as a wake up call to dig deeper.

Many believe finding their purpose is going to school and choosing careers their parents thought would be fulfilling for them. Even so, what happens when they have wasted all those years doing something others wanted for them rather than themselves? In fact many humans lay down at night thinking what their purpose is to be .

Laying down at night with nothing to do is a good time to think about expanding the mind & trying new things. Humans are capable of so much. However, it is ideal to keep in mind to accept failure in the most humble way possible. Student only learn by treating everyday as his first day. As time unfolds the benefit still lies in the hand of the one who dedicated himself to what his purpose was. Even then if they aren't successful they can pass down what they've learned.

People can find their purpose in life when they've grown tired of being under their parents wing, Sick of living their parents dream, and locked out of their own imagination. The breakthrough is bound to come- as the saying goes, "every dog has his day." Individuals simply cannot find his purpose just out of thin air. It is about sacrifice and cunning wits to strive for it.

However there is another disturbance as well as a perk depending on who it may be or where it may be. Which is the friends and environment some surrounds themselves with. These 2 things play a crucial role in how they can find purpose in life. For instance many can make the mistake of having their friends living their dreams for them such as being a follower . Including not having the ability to speak up for themselves. Nor deciding to get up as well as leave the area in which they are in to chase the purpose or calling for them. In the end all people must choose their steps carefully to find the purpose of their life.