

DEV111 Intermediate Writing

Professor Lucy Segal

Della Simmons-Akers

12/15/2020

Why It's Important to Discover Your Life Purpose

Having a purpose in life is one of the fundamental factors of happiness. Finding your life purpose is a lifelong journey. There are many reasons why it is important for us to seek out our life's purpose, some talents, some success and some strength.

To discover your purpose in life, it is important to know what the word "purpose" is. Life purpose consists of the central motivating purpose of your life. Purpose can guide your life decisions, influence behavior, shape goals, and offer a sense of direction and create meaning. Life purpose is your way to understanding who we are and where we want to go in life.

Discovering your purpose allows you to see who you are and discover your careers. If someone likes to sit and listen to people, then, being a psychologist or even a therapist could be their purpose. The psychologist or therapist is the one who can guide a person in the right direction. If someone likes to work with children, then, this could be your purpose. Teachers and daycare workers are needed everywhere. Not everyone can work with children. The New York City Public schools system is calling for teachers that have the qualification and desire for the positions. If people like working with seniors then there are nursing homes that are in need of volunteers who can work for a few hours a day. We could take a senior on a trip, to the park, out to eat, and sit in the park. There are a lot of seniors at home who are lonely and would love for us to call or visit. Many seniors are looking for someone to come and play games or have tea to

occupy their time. Accordingly to research most seniors die from loneliness and lack of interaction with other adults. Spending time with a senior takes years of dying early off their lives. Seniors began to feel the love and joy that they once had. Careers are important to your life purpose because they help us to see what we can achieve and accomplish.

One thing to achieve in your purpose is to help others with their education. There are a lot of students that would like to be tutored in all subjects. The student may be lacking in a field that you are strong in and your assistant could be of great help. By volunteering your time we are giving back what God granted us. Maybe opening a free tutoring service could give someone a purpose. We could have an online tutoring course that could benefit everyone, if we are driven to get that "A" in this class. Having an education provides purpose by providing a job. We are driven to make sure that the education we are getting is the best and will help us in our careers.

Every one of us has talents and strengths that we can use. To find out what yours is, it could be in your everyday life. When we use our talents other lives may change because of our talents. If you use your talents it could lead to a more satisfying life. If you like to type, take notes, and then maybe we can be the secretary for your church group. Discovering your strengths and talents is an important part of learning how to be the best possible version of us. Each person has their own set of natural strengths that they were born with and haven't developed this far in life. Discovering your strengths help to define what your purpose in life is.

Discovering what your life purpose is important to your growth as a human being. Following a few steps a person will see how they can achieve and grow. When you discover who you are and what you have to offer, you realize that you do have a purpose and it brings clarity to your

life. To discover one purpose, they would need to know their talents and strengths, have a good education, and find their careers paths.