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This week I was determined to do better since my last in person clinical I failed miserably. I spent 3 days prior brushing up on my skills to make sure I came in confident and ready to do any task. My greatest achievement was coming in with a plan and executing that plan effectively. I got a report and did 7 vitals including my 2 patients and did my assessments by 9:30 am. My greatest challenge I will say was not being able to get as much information on the computer to get to know my patient well. When it comes to personal growth, each week I want to come in with the mentality to get everything done in a timely manner. Spiritually this week I have to pray for encouragement because some patients are dealing with so much more than stomach pain. Professionally, I want a chance to be exposed to different procedures and techniques that nurses and doctors use. I got the chance to witness a PICC line place in, this is a very interesting skill to witness, even though the nurse didn't put the line they are responsible for so many things. For example one of the doctors wasn't wearing gloves, the nurse also had to educate the patient on how to prevent bleeding at the site. As far as technical skills i perforated they were all the basic nursing interventions such as vital and assessment. Interpersonal skills this week was great, I was able to help her translate as well as a doctor. Areas for improvement I would say is listening and giving an effective report. The nurses speak really fast and with limited computer access I really need to develop a sheet of paper or something to help me get all the important information as quickly as they speak. The scripture of the week is Galation 6:10 “ as we have therefore opportunity, let us do good unto all men, especially unto them who are of

the household of faith.” In all we do we must thank God for the opportunity to do it. Not only that but we have make sure we treat our patient like we would ourselves or our loved ones.