

Subjective: Jonathan Brown is a client who is having a hard time attending school on time. He says he can't wake up on time and has only one alarm set. Jonathan also has a hard time completing his assignments on time, due to being distracted at home.

Objective: Jonathan who is about 17 years old lives 10 minutes away from August Martin high school which is the school he attends. He doesn't have any siblings and his parents are always working which means when he arrives home from school, he is alone. According to the records in the system his grades are OK, but his attendance is not good.

Assessment: Jonathan has the means to get to school on time and complete his assignments however he is not motivated to do so .While talking to him he expressed that he doesn't have a lot of friends and his family is not always around to help him complete his assignments . In turn he has nobody to hold him accountable for his actions and that's why he is late to school and his assignments aren't being completed on time.

Plan: The plan is to meet with Jonathan two to three times a week for at least one hour .During this hour we will come up with goals , objectives and solutions to help him solve his attendance an assignments issue .I will also introduce myself to all of his teachers that way I can get weekly updates on how he is doing in his classes . My goal is to ensure that Janet did not only graduates on time, but he gets into the habit of submitting things in a timely manner and arriving to places on time. We will sign an attendance contract, and uh goals an objective contract this will ensure that the goals we make during our session will be completed. eventually I will meet his parents and have them sign a contract as well that way they have a full understanding of what's going on and who I am to Jonathan.

Intervention: I will be listening actively and taking notes. we will come up with solutions to help him with this problem and I will also open up to him about my own experiences because I was in this situation before. I will also get his parents involved and set him up with tutors that can help him in the subjects in which he lacks.

Evaluation: I recently met with Jonathan and I explained to him that my goal is to help him graduate on time and that I am here to offer as much support as he needs. He stated how thankful he was for this support because he doesn't really receive it at home. We both came up with goals and objectives to help him prosper in school. He was very comfortable with what we came up with and was willing to try the methods that were suggested. Jonathan opened up to me about the fact that he doesn't have a lot of friends and he answered every question with me honestly. at the beginning of the meeting he was very fidgety but as we spoke more, he became comfortable. he does recognize that there is a problem with his attendance.

Revision: Jonathan and I agreed that on the days that I am at the school he will sit with me for one hour and complete his homework, this will be done in the office. I asked him if he would like to do this in a more private setting and he said no. On Wednesdays we will be doing a checkup to see if the methods set up in the first meeting are working for him and if he has been committing to them. When we have our next meeting, I will also speak to him about his mental health and explain why it is important for him to find a healthy outlet. These meetings will continue until the end of the school year. when we go into lockdown, we will be doing our meetings via zoom.

NARRATIVE

My client has shared with me that he doesn't have an accountability partner. He stated that he would like to have somebody to support him and help him complete his assignments on time. He has two different ways of getting to school which is by foot or taking the bus in which, he does alone. Once in a while his mom or dad might drop him off but usually it's just him by himself. my client also stated that he has one alarm set for 7:00 AM but usually he doesn't wake up at this time causing him to be late to school. He lives with his mom and dad in a house , He also stated that all of his basic needs are met .The client also said that when he arrives home from school he has a hard time doing his homework because he is surrounded by distractions such as the TV his bed and sometimes the kitchen . This causes him not to complete his assignments. the client says he likes to play the piano because for him it is therapeutic, and it helps him clear his mind. In his free time, he likes to play games on the computer. one of his goals in life is to be a famous piano player and two reach this goal he has been looking into different colleges and trying to practice his skills.