

## Chapter 13 Mixed Methods and Other Special Types of Research

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### Mixed Method Research (triangulation)

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- Research that **integrates quantitative and qualitative data and strategies** in a single study or coordinated clusters of studies
- Many areas of inquiry can be enriched by triangulating quantitative and qualitative data; some questions require mixed methods: **pragmatism**
- Advantages
  - Complementarity
  - Practicality
  - Enhanced validity

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## Purposes and Applications of Mixed Method Research

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- Instrument development
- Intervention development
- Hypothesis generation and testing
- Theory building, testing, and refinement
- Explication

## Mixed Method Designs and Strategies

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- Concurrent versus sequential approaches
  - **Concurrent**—Qualitative and quantitative data are collected at the same time.
  - **Sequential**—Qualitative and quantitative data are collected in phases.
- Morse notations system:  
QUAL/quan, QUAN/qual, QUAL/QUAN

## Specific Mixed Method Designs

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- **Convergent parallel design:** obtain different, but complementary, data about the central phenomenon under study—i.e., to triangulate data sources
- **Explanatory design:** sequential designs with quantitative data collected in the first phase, followed by qualitative data collected in the second phase
- **Exploratory design:** sequential MM designs, with qualitative data being collected first

## Other Special Types of Research

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- Intervention research
  - Clinical trials; evaluation research; nursing intervention research
- Health services and outcomes research
- Survey research
- Quality improvement studies
- Secondary analysis
- Delphi surveys
- Methodologic research

## Question

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Which type of research involves an intervention?

- a. Survey research
- b. Clinical trials
- c. Secondary analyses
- d. Methodologic research

## Answer

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- b. Clinical trials

Rationale: Studies that involve an intervention include clinical trials, evaluation research, and nursing intervention research. Outcomes research, surveys, secondary analyses, and methodologic research do not involve an intervention.

## Clinical Trials

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- Studies that develop clinical interventions and test their efficacy and effectiveness
- Undertaken to evaluate an innovative therapy or drug are often designed in a series of phases

## Phases of a Full Clinical Trial

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- **Phase I**: designed to establish safety, tolerance, and dose
- **Phase II**: seeks preliminary evidence of effectiveness—a pilot test often using a quasi-experimental design.
- **Phase III**: fully tests the efficacy of the treatment via a **randomized clinical trial** (RCT), often in multiple sites; sometimes called an **efficacy study**
- **Phase IV**: focuses on external validity of an intervention in the general population; emphasis on generalizability

## Practical Clinical Trials

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- Emphasis on EBP has led to a call for studies that bridge the gap between tightly controlled efficacy studies and subsequent effectiveness studies.
- **Practical clinical trials** (or **pragmatic clinical trials**) help in making decisions in real-world applications.
- Pragmatism is a paradigm often associated with MM research, which provides a basis for a position that has been stated as the “dictatorship of the research question.”

## Evaluation Research

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- Examines **how well** a specific program, practice, procedure, or policy **is working**
  - Process analysis
    - Often undertaken to obtain descriptive information about the process by which a program gets implemented and how it actually functions
  - Economic analysis
    - Assess whether program benefits outweigh its monetary costs

## Question

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During which phase of a full clinical trial would an efficacy study be done?

- a. Phase I
- b. Phase II
- c. Phase III
- d. Phase IV

## Answer

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- c. Phase III

Rationale: Phase III fully tests the efficacy of the treatment via a randomized clinical trial (RCT), often in multiple sites; this phase is sometimes called an efficacy study. Phase I finalizes the intervention; phase II seeks preliminary evidence of effectiveness, usually via a pilot test; and phase IV focuses on long-term consequences of the intervention and on generalizability (sometimes called an effectiveness study).

## Nursing Intervention Research

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- Describes an approach distinguished by a distinctive *process of planning, developing, and testing interventions*—especially *complex interventions*
- Several phases
  - Basic developmental research
  - Pilot research
  - Efficacy research
  - Effectiveness research

## Health Services Research

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- Designed to document the *quality and effectiveness of health care* and nursing services
- Often focuses on parts of a health care quality model developed by Donabedian; key concepts:
  - Structure of care (e.g., nursing skill mix)
  - Processes (e.g., clinical decision making)
  - Outcomes (end results of patient care)

## Outcome Research

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- Subset of health services research
- Comprises efforts to understand the end results of particular health care practices and to assess the effectiveness of health care services
- Represents a response to the increasing demand from policy makers and the public to justify care practices in terms of improved patient outcomes and costs

## Survey Research

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- Obtains quantitative information (via self-reports) on the **prevalence**, **distribution**, and **interrelations** of variables in a population
- Used primarily in correlational studies and to gather information from nonclinical populations
- Secures information about people's actions, intentions, knowledge, characteristics, opinions, and attitudes
- May be cross-sectional or longitudinal

## Survey Research—(cont.)

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- Modes of collecting survey data
  - Personal (face-to-face) interviews
  - Telephone interviews
  - Self-administered questionnaires
    - Distributed by mail or the Internet
- Personal interviews tend to yield the highest quality data but are very expensive.

## Secondary Analysis

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- Study that uses **previously gathered data** to address new questions
- Can be undertaken with qualitative or quantitative data
- Cost-effective; data collection is expensive and time-consuming.
- Secondary analyst may not be aware of data quality problems and typically faces “if only” issues (e.g., if only there was a measure of X in the data set).

## Question

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Tell whether the following statement is True or False.

Telephone interviews provide the best quality data for survey research.

- a. True
- b. False

## Answer

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- b. False

Rationale: Personal interviews used with survey research tend to provide the highest quality data, but they are very expensive.

## Delphi Surveys

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- Developed as a tool for short-term forecasting
- The technique involves a panel of experts who are asked to complete several rounds of questionnaires focusing on their judgments about a topic of interest.
- Multiple iterations are used to achieve consensus.

## Methodologic Research

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- Studies that focus on **development, validation, and evaluation of research tools** and instruments
- Can involve qualitative or quantitative data
- Examples:
  - Developing and testing a new data collection instrument
  - Testing the effectiveness of stipends in facilitating recruitment