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Introduction to Spiritual Formation

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MY GUYON RESPONSE PAPER -2

After my few still times with God, I realized that my spirit man has been starving for a very long time. I haven't been really digging deep into God's word, I've been so consumed with my personal life that I haven't really had time for God. That is what God layed upon my heart, He always gives me his attention and I only give him attention when I'm ready to talk. That's toxic to me , God wants intimacy with me but I don't even give it to him. I listen to things that can't even fill me up , I let the worldly desires of mine consume my life.

I know I can make things right with God , but it's such a long list of things to get right with. I didn't fully come to that decision to do that as of yet. But I know that time is precious and we don't know when he is ever going to make his appearance, I know it's very soon based on the signs of the world. I can get stubborn at times and sometimes I say things I don't even follow through with. I've noticed that I can have a hypocritical trait within me that I need to work on. It's hard when you're constantly battling your flesh everyday and I've noticed that my flesh has gotten stronger.

There are even certain people in my life that I let influence me wrongly which should never be the case, I'm supposed to have control over my life and my decisions not people. I've even started doing worldly desires of mine that I didn't expect to do. I am simply disappointed in myself. I barely listen to gospel music now and it's sad, gospel music brings me so much joy but it's the worldly beats that makes me cling unto more. I simply need help , I need God more and more everyday.

I started back dancing to my Caribbean roots which is considered "Soca", I started cursing again which irritates me so much because I know how I'm acting isn't truly me. When I curse, I get disgusted, I simply never liked the thought about cursing and I got so comfortable in it. God reminded me, I strayed from him and his plan over my life. I still believe in him, don't get me wrong but it's the decision to fully submit and commit to him that makes it hard for me. I've been so busy with school and work that I put God on the side and I can feel that I'm going to do a lot of crying. I always cry when I'm in the presence of the Lord, sometimes for joy and sometimes to just release.

This book has changed my life and made me realize that this is a constant battle that we have to face. At the end of the day, our life is not our own and the bodies we're in aren't our true selves. We are souls enjoying a human experience, our real home is Heaven with our creator. I'll come to that decision to FULLY commit to God, he knows what is best for me and he will always provide and make a way for me no matter what. I need to deal

with myself first, facing myself is difficult. But with God by my side, I can get through this strong.