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Case Study: Manisha's Quest for Dignity and Purpose

Subjective: According to the Case Study, Manisha may feel “unhappy” and “isolated”. Manisha wants to eagerly reintegrate herself in the American culture which is demonstrated by her desire to work in order to speak English and gain self-respect.

Objective: It is evident that Manisha feels displaced and longs to reconnect with her spiritual roots. However, Manisha needs to learn English in order to advance her skill sets to become employable. Manisha faces cultural barriers that make it difficult to reintegrate herself into the American society.

Assessment: Although Manisha has been displaced, she exhibits a strong sense of resiliency. She demonstrates strength because she eagerly desires to learn English so that she can be employable. She wants to regain her self-respect and contribute to her household. She longs to be spiritually reconnected to her roots.

Plan: Manisha needs to be peered with an Employment Specialist that can help her to find work off the books, until she can change her immigration status. Manisha needs to become a U.S. citizen and continue to work on improving her English language skills. Manisha needs to find a way to attend the Hindu Temple so that she can feel connected to her spiritual roots and not lose her identity.