

FIELD INSTRUCTION JOURNAL OF COMPETENCY DEVELOPMENT

Name Valerie St. Vil

Date 11/2/20

1. Review of Competencies Practiced

Review cases, clients, projects, and tasks from this past week. Describe a specific activity from the Field Learning Agreement that was completed and indicate what competency and practice behavior it represents. It would be useful to discuss an activity you were challenged by or have questions about.

Competency #7 – Assess Individuals, Families, Groups, Organizations, and Communities.

I completed a bio-psychosocial evaluation today for my clinical social work practice with individual's course with a client from my field placement, who is a 28 year old mother of three who is diagnosed with ADHD, Major Depressive Disorder, and Post-Traumatic Stress Disorder. This is also a client who has recently been added onto my caseload, so I did not have a rapport with her, however the interaction went very well, as she was very open to the questions and very engaged in conversing with me about her childhood background.

2. Reflect on Performance of Competencies

Strengths- What went well in your demonstration of this particular practice behavior?

The strengths of this competency is it allows you to get a better perspective of the presenting problems of the case by obtaining information that only the client would be able to provide you. It also allows you to assess for any diagnoses that the client might have, or follow up on diagnosis that the client already has, and create a treatment plan based on the information. It also allows the client to be involved narrating their story.

Limitations- In what ways do you need to grow related to this particular practice behavior?

Describe your personal feelings related to the activity:

It is always nervous asking someone certain questions that might appear intrusive. However, I always inform the client that I am speaking to of the type of assessment that I am completing, and I always prep them for them for uncomfortable questions prior to asking it. For example, I will say "I am going to ask you a few questions regarding traumatic events. Some may be related to sexual events. Please let me know if you want to pause at any time." I think it is comfortable for both the client and the social worker, but it is important to always remain that the client's wellbeing is a priority.

3. Connecting Competencies to Knowledge, Values, and Skills

What Social Work knowledge, skills, and/or values relate to your development of this competency?

The social work skill that is related to my development of this competency is continue to remain professional, as well as empathetic. There is a lot of information obtained assessing a client. I think this is a competency that requires delicate attention, to not falsely assess the client. I also think it is important to document accurate information that is being provided, in order to enter the proper information in a client's file.

FIELD INSTRUCTION JOURNAL OF COMPETENCY DEVELOPMENT

4. Plan for Progress

What have you learned about yourself from this experience/interaction? What steps or actions are needed to foster personal growth and continued development of this practice behavior?

I learned that there are many ways to complete an assessment. With this client, she was very talkative, and I had to continue to redirect her. However for the most part, I assessed the client by engaging her in normal conversation, but would throw in questions that were strictly from the Biopsychosocial assessment, but made it engaging, rather than directly looking at each question.