

Marie Gustin Derosena

PMN 310 Pastoral Counseling

Professor Rebecca Beidel

Chapter One Summary

Scazzero emphasizes the different views on healthy and unhealthy leaders. An emotionally unhealthy leader is someone who functions with a lack of spiritual maturity and fails to pursue God's purpose. The emotionally unhealthy leader operates in a continuous state of emotional and spiritual deficit. He also argues that an unhealthy leader is often controlling, aggressive, and chronically angry. Unhealthy leaders have a lack of awareness as to concern with their feelings, weaknesses, and limitations.

Peter argues that an unhealthy leader also has lack of adaptability and skills when it comes to others. He also mentioned they usually have too much to do in a short period of time which can be overwhelming at times. Scazzero also speaks about the four characteristics that impacts their lifestyle. First, they have low-self-awareness, prioritizing ministry and neglecting their marriages or themselves if they are single. They also tend to misunderstand the will of God for their lives. They have poor communication skills and neglect their family relationships for the ministry. Unhealthy leaders compromise their integrity, honesty, and vision for what God called them to do. Peter Scazzero also mentioned the four unhealthy and unspoken commandments of Church leadership. He said every family has "commandments". They have right to speak and express their feelings in the proper context. Each member deserves respect and safety. Unhealthy commandment 1: It's not a success unless it's a bigger and better. Many of us measure success by external instead of the internal in the context of serving in the Church and others. He also argues unhealthy leader commandment 2: What you do is more important than

who you are. Because the love of Jesus is in you it is the greatest gift to offers to others as effective leader. The third commandment as superficial Spirituality is okay by assume people who attend services will transform spiritually. Commandment four: Do not Rock the Boat as long as the work gets done.

Response Questions Chapter 1

Based on the survey I learn to be an effective leader and spend time in prayer and ask God for direction.to teach me his word and put it in application. It is important as a leader to motivate and know when to take the right decision for the people in my Congregation and myself as well. It also taught us to assume responsibility and take accountability for others. As a leader we must have integrity and honesty and believe in self-consciousness. The survey is helpful many ideas I think the Holy Spirit spoke with me most of the time I expressed my emotion by frustration and anger based on my past. Usually people seeing you and think because you are a leader you do not have issue. Because they look at the external part instead of the inner side. But being a leader does not mean you are not struggle with your life. I think a leader is no difference to others.

Today I need to become an effective leader and seek for God kingdom first. I also learn as leader I must be healthy spiritually, physically, and emotionally as well. It is important for us to have an intimacy with God and discipline as well. I must have integrity and trust. I believe these qualities will challenge me to endure difficulties and be able to help others better. I think Believers must take time and separate themselves to communicate with God. Because meditation, prayer and reading scripture will improve and make us growth spiritually.

According to Luke 10:20 says when Jesus sends out the seventy-two disciples two by two when they come back from the mission, they were excited to report the miracles how the demons were submit, to them in Jesus name. But Jesus speak to them about their activity of the kingdom building. He also reminds them of something important. "Do not rejoice that the spirits submit to you; but rejoice that your names are written in heaven." Because God wants to remind them their happiness should come from their intimacy with Him not by their accomplishments. As leader we need to need to set a boundary and care for ourselves and empower others.