

Problem-Focused Nursing Diagnosis
P. Deficient knowledge
E. Related to lack of understanding of cardiac failure
S. Evidenced by dementia diagnosis

List signs and symptoms that require immediate attention

Past Medical History

Hypertension
Hyperthyroidism
Diabetes
Diabetic Retinopathy
Dementia

Problem-Focused Nursing Diagnosis
P. Excess fluid volume
E. Related to reduced cardiac output
S. Evidenced by hypertension and diminished breath sounds at bases

Demonstrates stable fluid volume

Acute CHF
Pneumonia
Assessment:
Venous Stasis Dermatitis
Respiratory sounds diminished at lung bases due to fluid
Diminished pulses in lower extremities

Interventions

1. Monitor urine output
2. Monitor 24-hour intake and output
3. Weigh daily and monitor blood pressure
4. Auscultate breath sounds for adventitious sounds

Evaluation: Patient maintained stable fluid volume for 24 hours

Interventions

1. Reinforce treatment rationale with caregiver
2. Discuss importance of Na limitation with caregiver
3. Review medication, purpose, and side effects
4. Discuss normal heart function and difference between heart failure

Evaluation: Patient and caregiver adhere to health regimen and demonstrate understanding

Risk for decreased cardiac output

Maintain adequate tissue perfusion

Problem-Focused Nursing Diagnosis
P. Activity intolerance
E. Related to decreased cardiac output
S. Evidenced by edema and shortness of breath
Demonstrates tolerance for desired activity

Medications

Ferrous Sulfate
Docusate Sodium
Darbepoetin Alfa
Donepezil
Cefepime
Calcitriol
B Complex
Methylsalicylate
Sodium Hypochlorite

Interventions:

1. Monitor blood pressure every 15 minutes if unstable
2. Monitor heart rate
3. Administer inotropic drugs or vasodilators as needed
4. Assess color of extremities, along with capillary refill

Evaluation: Patient maintained increase in cardiac output

Interventions

1. Evaluate activity intolerance
2. Encourage patient to have adequate bed rest and sleep
3. Assist patient with ROM and assess homan's sign
4. Implement graded cardiac rehab program

Evaluation: Patient achieved measurable increase in activity intolerance