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In today's clinical experience I realized how important it is to build rapport with your patients. When you show that you care and that what you are doing is not an assignment/ task you have to complete, they are more willing to share things they may not have wanted to share with someone else. They are also more understanding of you having to come in to take their vitals a second or multiple times. I had a conversation with a patient and she shared with me her story and some of the things she struggles with, which was shocking because I would have never expected it. You never can judge a book by the cover and you never know what people are going through on a daily basis.

My greatest accomplishment is accurately administering medications to the client and being able to explain what certain medications are for. As I progress in clinical, I am more comfortable with medication administration, whether that is PO meds or injections. My greatest challenge is forgetting what other medications are used for and beating myself up about it. I know that I would not know every medication and as I continue in my career, medications and their use will become more familiar, but I do not want to seem incompetent. Experiencing that made me want to do better with remembering medications. I now write down every medication I do not know and look them up.

“At that time I will deal with all who oppressed you. I will rescue the lame; I will gather the exiles. I will give them praise and honor in every land where they have suffered shame.”

Zephaniah 3:19.